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ABSTRACT

Designed to simplify the search for federal government resources on maternal and child health, this guide was prepared for use by health professionals, educators, administrators, and the general public. It describes over 250 print and nonprint (posters, audiovisuals) resources in prenatal, infant, child, and adolescent health. The guide is divided into three sections: (1) maternal and child health; (2) infant, child, and adolescent health; and (3) appendix. Resources are grouped by topic and audience and are listed alphabetically by title within each topical category. Each entry includes information on price and source and a brief annotation. Some materials are available in Spanish. The section on maternal and child health includes materials on women's health, prenatal care, high-risk pregnancies/genetics, and adolescent pregnancy. The section on infant, child, and adolescent health covers the topics of parenting/child development, children with special needs, childhood illness, sudden infant death syndrome, nutrition, day care, child abuse, accident prevention, dental health, adolescent health, assessment and screening of children, and morbidity/mortality. The appendix includes alphabetical indexes by title and by subject; complete ordering information; and lists of important state, regional, and federal contacts in maternal and child health. Also included is a list of Federal Health Information Centers that may provide additional information on particular topics. (CB)

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STARTING EARLY

A Guide to Federal Resources in Maternal and Child Health

PS 014607

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STARTING EARLY

A Guide to Federal Resources in Maternal and Child Health

MARCH, 1984

National Center for Education in Maternal & Child Health

NATIONAL CENTER FOR EDUCATION IN MATERNAL AND CHILD HEALTH

Statement of Purpose

Believing that knowledge leads to improved health and well-being of individuals and society, the National Center for Education in Maternal and Child Health is committed to assisting in the education of health professionals and the public. Its unique location as a university-based and consortium-related institution allows it to draw upon the academic and governmental resources of the nation's capital. Utilizing health resources, it seeks to serve as an intermediary between health professionals and the public. Thus the goal of the National Center is to integrate from diverse disciplines and make accessible information on human genetics and maternal and child health and to assist governmental and private agencies in the development of new educational programs and materials. By these means, the National Center is committed to improving the quality of life for present and future generations.

Recognizing the need for a centralized source of materials and information in the areas of human genetics and maternal and child health, the Genetic Disease Services Branch of the Division of Maternal and Child Health, DHHS, has established the National Maternal and Child Health Clearinghouse (NMCHC) to work in conjunction with the National Center for Education in Maternal and Child Health (NCEMCH). The primary goal of the Clearinghouse is to provide current information on maternal and child health through the dissemination of publications and the maintenance of a computerized data base.

Comments, critical reviews, and suggestions are encouraged and should be directed to the National Center for Education in Maternal and Child Health, 3520 Prospect Street, N.W., Washington, D.C. 20057.

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INTRODUCTION

This guide is designed to simplify the search for Federal resources in maternal and child health. It is prepared for use by health professionals, educators, administrators, and the general public. It describes Federal print and non-print (posters, audiovisuals) resources in prenatal, infant, child, and adolescent health.

The guide is divided into three sections: Maternal and Child Health; Infant, Child, and Adolescent Health; and an Appendix. Within sections, resources are grouped by subject and audience level (Public/Professional). Titles of resources are listed alphabetically. The following format is used in the guide to present important information about each entry:

Title of Resource	Availability/price
Type of Resource, Length, Date	Source
Publication Number	Brief annotation
Audience Level	

The Appendix includes an index to titles and subjects, complete ordering information and important state, regional, and Federal contacts in maternal and child health. Also included is a list of Federal Health Information Centers which may provide additional information in a particular area.

We wish to thank the following for their work in reviewing the manuscript:

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This is a selected guide; it is not meant to be all-inclusive. Inclusion in the guide does not imply endorsement by either the National Center for Education in Maternal and Child Health or any of its sponsors.

MATERNAL AND PERINATAL HEALTH

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MATERNAL AND PERINATAL HEALTH

FAMILY PLANNING

PUBLIC EDUCATION

Changes - Sex and You
Pamphlet, 16 pp., 1981
Publication Number: (HSA) 81-5648
Audience: Pre-adolescent
Availability/price: Single copy free
Source: National Clearinghouse For Family Planning Information

For preadolescents, discusses the physical and emotional changes that occur during puberty. Communication with parents or other trusted adults is emphasized. Includes glossary of terms of interest to preadolescents. For use with booklet for parents. (*Changes and Choices* - see PARENTING)

Choices - You and Sex
Pamphlet, 16 pp., 1981
Publication Number: (HSA) 81-5649
Audience: Adolescent
Availability/price: Single copy free
Source: National Clearinghouse For Family Planning Information

Provides adolescents with guidelines for responsible decision-making. Birth control methods and unplanned pregnancy are discussed with special emphasis on the responsibilities of parenthood. For use with booklet for parents. (*Changes and Choices* - see PARENTING)

Contraception: Comparing the Options
Pamphlet, 11 pp., 1980
Publication Number: (FDA) 80-3069
Audience: Adult
Availability/price: Single copy free
Source: Food and Drug Administration, Office of Consumer Affairs

Presents in chart form the basic information on the contraceptive methods most widely used today. Lists effectiveness, advantages/disadvantages, side effects, health factors to consider, and long-term effects of each method on ability to have children.

Family Planning Methods of Contraception
Pamphlet, 6 pp., 1980
Publication Number: (HSA) 80-5646
Audience: Adult
Availability/price: Single copy free
Source: National Clearinghouse For Family Planning Information

Function, effectiveness, problems, side effects, and advantages of contraceptive methods; displayed in chart form.

Information for Women—Your Sterilization Operation
Pamphlet, 9 pp., 1978
Publication Number: (OS) 79-50061, GPO Stock No. 017-001-00405-7
Audience: Adult
Availability/price: Single copy free, also for sale (GPO) for $2.25 per copy
Source: National Clearinghouse For Family Planning Information and U.S. Government Printing Office

Provides information on female sterilization and other methods of birth control. Includes 3-part consent form required for all federally funded sterilization operations.

Updating an Old Idea on Contraception
Pamphlet, 2 pp., 1981
Publication Number: (FDA) 81-4026
Audience: Adult
Availability/price: Single copy free
Source: Food and Drug Administration, Office of Consumer Affairs

Discusses the cervical-cap method of contraception. Explains its use, advantages, disadvantages, and history.

PROFESSIONAL EDUCATION

Contraceptive Development
Pamphlet, 37 pp., 1981
Publication Number: (NIH) 82-2304
Audience: Professional
Availability/price: Single copy free
Source: National Institute of Child Health and Human Development, Office of Research Reporting

Reprinted from a chapter in "Child Health and Human Development—An Evaluation and Assessment of the State of the Science."

Contraceptive Evaluation
Pamphlet, 42 pp., 1983
Publication Number: (NIH) 82-2304
Audience: Professional
Availability/price: Single copy free
Source: National Institute of Child Health and Human Development, Office of Research Reporting

Reprinted from a chapter in "Child Health and Human Development—An Evaluation and Assessment of the State of the Science."

Counseling Adolescents in Reproductive Health Care Settings
see ADOLESCENT PREGNANCY

Fertility and Infertility
Pamphlet, 41 pp., 1983
Publication Number: (NIH) 82-2304
Audience: Professional
Availability/price: Single copy free
Source: National Institute of Child Health and Human Development, Office of Research Reporting

Reprinted from a chapter in "Child Health and Human Development—An Evaluation and Assessment of the State of the Science."

Methods of Contraception
(Spanish version available)
Flipchart, 18" x 24", 66 pp., 1980
Audience: Professional
Publication Number: (HSA) 80-5663 English, (HSA) 80-5664-Spanish
Availability/price: Single copy free
Source: National Clearinghouse For Family Planning Information

Provides diagrams and accompanying descriptions for instruction of male and female reproductive anatomy, menstruation, conception, and methods of contraception.

Population Dynamics
Pamphlet, 43 pp., 1982
Publication Number: (NIH) 82-2304
Audience: Professional
Availability/price: Single copy free
Source: National Institute for Child Health and Human Development

Reprinted from a chapter in "Child Health and Human Development." Covers areas of population research and future directions; includes specific areas such as fertility, family planning, and mortality.

The Social Worker and Family Planning
Book, 127 pp., 1977
Audience: Social workers
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Reports on the proceedings of the 1969 Institute for social workers in maternal and child health and other public health programs. Outlines sociological and public health issues, and describes the social worker's role in family planning, and highlights social work education in this area.

Wanted and Unwanted Childbearing in the United States: National Natality Surveys
Pamphlet, 56 pp., 1972
Publication Number: Series 21, No. 32
Audience: Professional
Availability/price: Single copy free
Source: National Center for Health Statistics

Provides an analysis of legitimate live births and whether they were wanted at the time they occurred, wanted later, or not wanted at all, as reported by the mother. Discusses trends and variations in relation to race, live-birth order, age of mother, expectation of future births, age at marriage, duration of marriage, education, income, and other variables.

World Population and Fertility Planning Technologies Summary
Pamphlet, 28 pp., 1982
Publication Number: (OTA) HR-158
Audience: Adult, professional
Availability/price: Single copy free
Source: Congress of the United States, Office of Technology Assessment

Presents major findings of the OTA on world population growth and the present and prospective fertility planning technologies that will influence future growth.

SEXUAL ASSAULT

PUBLIC EDUCATION

Acquaintance Rape Prevention
4 Films, 7-min. each, color, 1981
Title Number: 15402
Audience: Adolescent (Jr. and Sr. high)
Availability/price: Five-day, free-loan
Source: National Center for the Prevention and Control of Rape

Challenges commonly held beliefs about men, women, and rape. Enables students to recognize acquaintance rape, understand the dynamics that can lead to it, and develops techniques to prevent it.

"He Told Me Not to Tell"
Pamphlet, 28 pp., 1979
Audience: Adult, parents
Availability/price: Single copy free, price of additional copies: $1.50/copy; $1.00 per copy for 10-99 copies; $0.90/copy for 100 or more copies
Source: National Center for the Prevention and Control of Rape

Discusses ideas gathered from parents for dealing with talking to children about sexual assault. Encourages parents to incorporate information about sexual assault into their general teachings about personal safety.

How To Protect Yourself Against Sexual Assault
Pamphlet, 17 pp., 1979
GPO Stock Number: 027-000-01004-1
Audience: Adult
Availability/price: Single copy free, also for sale (GPO) for $2.25/copy, $55.00/100 copies
Source: National Center for the Prevention and Control of Rape and the U.S. Government Printing Office

Part of the "Take a Bite Out of Crime" series. Discusses facts about rape and how to reduce the risk of being raped. Lists special services for victims of rape. Provides information on the child victim, and contacts for additional information.

Victim or Victor
Film, 16 mm., color, 17 min.
Audience: Adult
Availability/price: Five-day, free-loan
Source: National Center for the Prevention and Control of Rape and The Modern Talking Picture Service

Emphasizes how women can protect themselves and reduce the risk of being raped. Outlines guidelines for prevention.

PROFESSIONAL EDUCATION

National Directory: Rape Prevention and Treatment Resources
Book, 151 pp., 1981
GPO Stock Number: 017-024-01060-0
Audience: Professional and public
Availability/price: Single copy free, price of additional copies $6.50/copy
Source: National Center for the Prevention and Control of Rape

Provides a nationwide inventory of prevention and treatment services and lists related resources.

Rape: Caring for the Adult Female Victim
Film, 16 mm. color, 29 min., 1981
Title Number: 15401
Audience: Medical professionals
Availability/price: Five-day, free-loan
Source: National Center for the Prevention and Control of Rape and The Modern Talking Picture Service

Portrays an assault victim's experience and illustrates the procedures and approaches that should be used during the initial contact with the patient. Emphasizes the importance of supportive staff and hospital procedures which will enable the victim to regain a sense of control, safety, and self-esteem.

HEALTH CONCERNS OF WOMEN

PUBLIC EDUCATION

Breast Cancer: We're Making Progress Every Day
Pamphlet, 12 pp., 1982
Publication Number: (NCI) 82-2409
Audience: Adult
Availability/price: Single copy free
Source: National Cancer Institute, Office of Cancer Communications

Summarizes current information about breast cancer; includes risks and signs of the disease; mammography, biopsy, and treatment options; breast reconstruction; and rehabilitation. Includes illustrated guide for breast self-examination and the toll-free Cancer Information Service telephone number. Revised version of *Progress Against Breast Cancer: What You Can Do About It.*

Breast Exams: What You Should Know
(Spanish version available)
Pamphlet, 14 pp., 1981
Publication Number: (NCI) 82-2000 English, (NCI) 82-2138 Spanish
Audience: Adult
Availability/price: Single copy free
Source: National Cancer Institute, Office of Cancer Communications

Provides answers to questions about breast cancer screening methods, including medical history, breast self-examination, X-ray mammography, and future technologies. Includes instructions for breast self-examination.

Conversation After Mastectomy
Audiocassette, 35 min., 1979
Audience: Adult
Availability/price: Single copy free
Source: National Cancer Institute, Office of Cancer Communications

Features a roundtable discussion of four patients who have recently undergone mastectomies. They share their experiences and concerns about the future with a social worker and a "Reach-to-Recovery" volunteer.

Ha Pensado Ud. Acerca Del Cancer en el Seno. . .?
Pamphlet, 36 pp., 1981
Audience: Adult
Availability/price: Single copy free
Source: National Cancer Institute, Office of Cancer Communications

Continued on next page

Continued from page 7

[Have You Thought About Breast Cancer?] Booklet contains information about symptoms of breast cancer, detection, diagnosis, treatment rehabilitation, breast reconstruction, and other information helpful to breast cancer patients and their families. In Spanish.

Here's To Your Health
Pamphlet, 8 pp., 1981
Publication Number: (ADM) 81-1169
Audience: Adult women
Availability/price: Single copy free, printing negatives for sale by the Superintendent of Documents, Jacket No. 364-020, $44.00.
Source: National Clearinghouse For Alcohol Information

Provides information for women about alcohol and the body, and about making decisions about alcohol.

If You've Had Breast Cancer
Pamphlet, 8 pp., 1982
Publication Number: (NCI) 82-2400
Audience: Adult, mastectomy patients
Availability/price: Single copy free
Source: National Cancer Institute, Office of Cancer Communications

Offer suggestions on follow-up care for mastectomy patients, including recommendations for patients with lymphedema. Contains a glossary of terms and the toll-free Cancer Information Service telephone number

Questions and Answers About Breast Lumps
Pamphlet, 14 pp., 1982
Publication Number: (NCI) 82-2401
Audience: Adult
Availability/price: Single copy free
Source: National Cancer Institute, Office of Cancer Communications

Describes some of the most common noncancerous breast lumps and what can be done about them. Includes instructions for breast self-examination, a glossary of terms, and the toll-free Cancer Information Service telephone number.

Spectrum: Alcohol Problem Prevention for Women by Women
Pamphlet, 91 pp., 1981
Publication Number: (ADM) 81-1036
Audience: Women's organizations
Availability/price: Single copy free
Source: National Clearinghouse For Alcohol Information

Contains project ideas, program examples, and resources from women across the country. Directed at women's organizations and encourages them to develop alcohol abuse prevention projects.

Two Things Every Woman Should Know About Smoking Cigarettes
Pamphlet, 4 pp., 1980
Publication Number: (PHS) 80-50114
Audience: Adult
Availability/price: Single copy free
Source: Office on Smoking and Health

Identifies two health concerns for women associated with smoking cigarettes: effects on the fetus during pregnancy and increased risk of lung cancer. Encourages women to stop smoking.

What You Need to Know About Cancer
(Spanish version available)
Pamphlets (series), 1982
Publication Number: (NCI) 82-1556-Breast
(NCI) 82-2047-Invasive Cancer of the Cervix
(NCI) 82-1561-Ovary
(NCI) 82-1562-Uterus
Audience: Adult, cancer patients
Availability/price: Single copy free
Source: National Cancer Institute, Office of Cancer Communications

Designed for cancer patients, these pamphlets discuss symptoms, diagnosis, and rehabilitation, emotional issues, and questions to ask the doctor. Includes glossary of terms and Cancer Information Service telephone numbers.

PROFESSIONAL EDUCATION

The Breast Cancer Digest: A Guide to Medical Care, Emotional Support, Educational Programs and Resources
Book, 165 pp., 1982
Publication Number: (NCI) 82-1691
Audience: Health professionals
Availability/price: Single copy free
Source: National Cancer Institute, Office of Cancer Communications

A handbook for health professionals organizing breast cancer education programs. Provides background information on genesis, detection, diagnosis, treatment, rehabilitation, psychosocial impact, and resources for patients and families.

The Health Consequences of Smoking for Women: A Report of the Surgeon General
Book, 359 pp., 1980
GPO Stock Number: 017-001-00430-8
Audience: Professionals and public
Availability/price: $9.50
Source: U.S. Government Printing Office

Presents recent data on smoking trends among women and examines the health consequences of smoking for adolescent girls, pregnant women and their unborn babies, and adult women.

Research Reports - Cancer of the Uterus
Pamphlet, 14 pp., 1983
Publication Number: (NCI) 83-171
Audience: Professionals
Availability/price: Single copy free
Source: National Cancer Institute, Office of Cancer Communications

In-depth report covering current research on the cause and prevention, symptoms, detection, diagnosis, and treatment of cancer of the uterus. Part of a series.

Standards for Public Education on Breast Cancer
Pamphlet, 26 pp., 1981
Audience: Professional
Availability/price: Single copy free
Source: National Cancer Institute, Office of Cancer Communications

Designed to provide direction for developing public information and education materials and programs about breast cancer. It synthesizes the most current data available on public knowledge, attitudes, and behavior related to breast cancer; it addresses the implications of these data for public information program planning; and it provides recommendations for program objectives, target audiences, and communications strategies.

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

Alcohol and Your Unborn baby
Pamphlet, 14 pp., 1982
Publication Number: (ADM) 82-521, GPO Stock No. 017-024-00566-5
Audience: Adult
Availability/price: Single copy free; also for sale by GPO, $2.00/copy, $75.00/100 copies; printing negatives also for sale by GPO, Jacket No. 339-653, $117.00
Source: National Clearinghouse for Alcohol Information, and the U.S. Government Printing Office

Discusses the harmful effects of alcohol on the fetus, describes the fetal alcohol syndrome, and advises pregnant women not to drink.

Assessing Childbirth Drugs
Pamphlet, 1 p., 1980
Publication Number: (FDA) 80-3101
Audience: Public and professionals
Availability/price: Single copy free
Source: Food and Drug Administration, HFE-88

Discusses the risks and benefits of drugs given to relieve pain during labor and delivery.

Before the Baby
Multimedia kit, 74 color slides and audiocassette, videocassette (10 min.), script, 1980
Title Number: A029061CG
Audience: Adult, pregnant women
Availability/price: $28.00
Source: National Audiovisual Center

Gives pregnant women guidelines to follow on weight gain, drug use, smoking, diagnostic X-rays, alcohol use, and other aspects of prenatal care. Suited for use in obstetrical and gynecological offices and clinics, family planning and public health clinics, health maintenance organizations, and physician's offices.

Breast Feeding - see NUTRITION

Caffeine and Pregnancy (Spanish version available)
Pamphlet, 4 pp., 1981
Publication Number: (FDA) 81-1081 English, (FDA) 81-1081S-Spanish
Audience: Adult
Availability/price: Single copy free
Source: Food and Drug Administration, HFE-88

Advises pregnant women to avoid foods and drugs containing caffeine and lists the amount of caffeine contained in coffee, tea, cola drinks, chocolate, and a variety of prescription and non-prescription drugs.

Drugs and Pregnancy
Pamphlet, 4 pp., 1980
Publication Number: (FDA) 80-3083
Audience: Adult
Availability/price: Single copy free
Source: Food and Drug Administration, HFE-88

Describes the concerns about taking drugs, both prescription and over-the-counter, during pregnancy because of the possible harm to the unborn child.

Food the Teenager During and After Pregnancy - see ADOLESCENT PREGNANCY

The Health Consequences of Smoking for Women: A Report of the Surgeon General - see HEALTH CONCERNS OF WOMEN

Healthy Mothers, Healthy Babies: A Collection of Prenatal and Infant Care Publications and Films Produced by the Public Health Service
Pamphlet, 12 pp., 1981
Publication Number: (PHS) 81-50175
Audience: Public and professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse and the National Health Information Clearinghouse

Contains a list of educational materials from the Public Health Service on perinatal health care.

An Inner Voice
Poster, 31" x 19", 1982
Publication Number: AV161
Audience: Adult, Native American or general audience
Availability/price: Single copy free
Source: National Clearinghouse for Alcohol Information

Drinking and pregnancy prevention message. Poster has a Native American theme, but can be used for all audiences.

Medicines Used During Pregnancy
Videocassette, 5 mins., color
Title Number: A09210/ME (3/4"); A09211/ME (Beta); A09212/ME (VHS)
Audience: Adult, pregnant women
Availability/price: $60.00
Source: National Audiovisual Center

This program discusses medicines which may be harmful to a developing fetus if taken during pregnancy.

Now You're Smoking for Two: A Guide to Smoking and Pregnancy
Pamphlet, 2 pp., 1983
Publication Number: (PHS) 83-50198
Audience: Adult
Availability/price: Single copy free
Source: Office on Smoking and Health

Explains why smoking during pregnancy affects the unborn infant, and encourages pregnant women to quit. Contains questions commonly asked about smoking during and after pregnancy; includes risks for the infant, when to stop, and quitting techniques.

Pregnancy Basics
Pamphlet, 16 pp., 1979
Audience: Adult
Availability/price: Single copy free
Source: National Institute of Child Health and Human Development

Briefly summarizes things to be considered during pregnancy, including nutrition, weight gain, exercise, and lifestyle habits.

Prenatal Care (Spanish version available)
Pamphlet, 98 pp., 1982
Publication Number: (HRSA) 82-5070, GPO Stock No. 017-091-00209-6 (Spanish)
Audience: Adult, parents
Availability/price: Single copy free, Spanish version for sale by GPO-$4.50
Source: National Maternal and Child Health Clearinghouse and the U.S. Government Printing Office

Describes the physical and emotional changes that occur during pregnancy, emphasizes the father's role in providing support, and identifies some of the decisions that can increase the chances of having a healthy infant. Describes topics such as development of the baby, pregnancy life-style, nutrition, problems of pregnancy, hospital stay and recovery.

Recommendations for Feeding Normal Infants - see NUTRITION

Rex Morgan, M.D. Talks . . . About Your Unborn Child
Pamphlet, 16 pp., 1980
Publication Number: PH 167
Audience: Adult
Availability/price: Single copy free
Source: National Clearinghouse for Alcohol Information

Comic-book style presentation on information on the risks of drinking during pregnancy.

Two Things Every Woman Should Know About Smoking Cigarettes - see HEALTH CONCERNS OF WOMEN

The Unknowns of Ultrasound
Pamphlet, 4 pp., 1983
Publication Number: 609L
Audience: Adult
Availability/price: Single copy free
Source: Consumer Information Center

Discusses use of ultrasound to monitor fetal growth and development. Presents the latest research on its safety and other medical uses.

When the Baby's Life is So Much Your Own (Spanish version available)
Pamphlet, 4 pp., 1980
Publication Number: (FDA) 80-1057 English, (FDA) 80-1057S-Spanish
Audience: Adult
Availability/price: Single copy free
Source: Food and Drug Administration, HFE-88

Advises about general health care during pregnancy and provides information on the effects of specific medicines and drugs on the unborn baby. These include drugs containing the female hormones estrogen and progestin, barbiturates, tranquilizers, amphetamines, tetracycline antibiotics, and aspirin.

X-Rays and Pregnancy (Spanish version available)
Poster, 17" x 21", 1980
Publication Number: (FDA) 80-1045 English, (FDA) 80-1045S-Spanish
Audience: Adult, pregnant women
Availability/price: Single copy free
Source: Food and Drug Administration, HFX-28

Cautions women, "Pregnant . . . or think you might be? Tell your doctor before getting an X-ray or prescription."

X-Rays, Pregnancy and You (Spanish version available)
Pamphlet, 6 pp., 1979
Publication Number: (FDA) 79-8087 English, (FDA) 79-8087S-Spanish
Audience: Adult, pregnant women
Availability/price: Single copy free
Source: Food and Drug Administration, HFX-28

Describes the possible effects of X-rays on the unborn baby and the special precautions to be taken with X-rays during pregnancy.

PROFESSIONAL EDUCATION

Comprehensive Bibliography on Pregnancy and Work
Book, 130 pp., 1978
GPO Stock Number: 017-033-00288-6
Audience: Professional and public
Availability/price: $6.00/copy
Source: U.S. Government Printing Office

Unannotated bibliography of English and foreign langauge articles on the influence of the work and home environment on the health of mother and fetus. Prepared by the American College of Obstetricians and Gynecologists for the National Institute for Occupetional Safety and Health.

Drug Dependence in Pregnancy: Clinical Management of Mother and Child
Book, 109 pp., 1979
Publication Number: (ADM) 79-678
Audience: Hospital systems and drug treatment program personnel
Availability/price: Single copy free, also for sale by GPO
Source: National Clearinghouse for Drug Abuse Information and the U.S. Government Printing Office

Provides practical information for hospital systems and drug treatment programs in delivering services to pregnant drug addicts and their offspring. Discusses prevalence and classification of psychotropic drug use; pharmacologic effects on mother and infant; management of prenatal care, labor, and delivery; and treatment of narcotic withdrawal in the newborn.

Facts About Smoking and Pregnancy
Pamphlet, 8 pp., 1983
Audience: Professionals and public
Availability/price: Single copy free
Source: National Institute of Child Health and Human Development

Summarizes recent research findings about the effects of smoking on the fetus.

A Health Care Providers Package: Preventing Fetal Alcohol Effects
Package, 6 items, 1982
Audience: Professional
Availability/price: Single copy free
Source: National Alcohol Information Clearinghouse

Provides fact sheets, sources of information, a glossary of terms and a selected bibliography on fetal alcohol effects.

Healthy Mothers/Healthy Babies - Coalition Directory of Educational Materials
Book, 160 pp., 1982
Audience: Health professionals and the public
Availability/price: Single copy free
Source: National Health Information Clearinghouse

Describes printed and audiovisual materials on prenatal and infant care for use by the public and health professionals.

Initiatives to Improve Pregnancy Outcome
Pamphlet, 16 pp., 1980
Audience: Health professionals and public
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Describes federal initiatives to improve perinatal and child health and describes selected State approaches to Improved Pregnancy Outcome Projects.

Nutrition Services in Perinatal Care - see NUTRITION

Pregnancy and Infant Health
Pamphlet, 93 pp., 1979
Publication Number: (PHS) 79-50069
Audience: Professional
Availability/price: Single copy free
Source: Office on Smoking and Health

Reprint from *Smoking and Health: A Report of the Surgeon General,* published in 1979. Reviews the scientific literature on the effects of smoking during pregnancy. Covers birth weight and fetal growth, fetal and infant mortality, lactation, and breastfeeding.

Pregnancy and Perinatology
Pamphlet, 40 pp., 1981
Publication Number: (NIH) 81-2347
Audience: Professional
Availability/price: Single copy free
Source: National Institute of Child Health and Human Development, Office of Research Reporting

Describes the research programs of the National Institute of Child Health and Human Development in the areas of pregnancy and perinatology, premature labor and birth, disorders of the newborn, and sudden infant death syndrome.

Pregnancy, Birth, and the Infant
Pamphlet, 69 pp., 1983
Publication Number: (NIH) 82-2304
Audience: Professional

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Availability/price: Single copy free
Source: National Institute of Child Health and Human Development, Office of Research Reporting

Chapter reprint from "An Evaluation and Assessment of the State of the Science," the five-year plan of the Institute. Summarizes recent research advances, current problems, and areas for concentration in future years.

Preventing Fetal Alcohol Effects: A Practical Guide for OB/GYN Physicians and Nurses
Pamphlet, 20 pp., 1982
Publication Number: (ADM) 81-1163, GPO Stock No. 017-024-01111-8
Audience: Health care professionals
Availability/price: Single copy free, also for sale by GPO, $2.25/copy, printing negatives for sale by GPO, Jacket No. 354-793, $87.00
Source: National Clearinghouse for Alcohol Information and the U.S. Government Printing Office

Provides guidelines to assist health care professionals in identifying patients who are subject to the health hazards associated with alcohol consumption during pregnancy. Gives practical advice on how to obtain a history of patients drinking patterns and what to do if a drinking problem is suspected.

A Selected, Annotated Resource Guide on Fetal Alcohol Effects
Pamphlet, 16 pp., 1982
Audience: Professional
Availability/price: Single copy free
Source: National Clearinghouse for Alcohol Information

Presents information on fetal alcohol effects in five media categories: print resources, pamphlets, films, posters, and fetal alcohol syndrome program contacts.

Smoking and Health: A Report of the Surgeon General, 1979
Pamphlet, 93 pp., 1979
Publication Number: PB 82-141-300
Audience: Professional and public
Availability/price: $79.00/paper copy, $11.50/microfiche
Source: National Technical Information Service

Contains the Surgeon General's Report on Smoking and Health of 1979.

Surgeon General's Workshop on Maternal and Infant Health
Pamphlet, 55 pp., 1981
Publication Number: (PHS) 81-50161
Audience: Professional and public
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Contains proceedings of the findings and recommendations of the Surgeon General's Workshop held in December 1980. Focuses on improvement of delivery to the underserved, expansion of health promotion and prevention services, and development of knowledge in maternal and infant health.

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

Cutting the Risk of Childbirth After 35
Pamphlet, 5 pp., 1979
Audience: Adult
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Discusses the purposes of amniocentesis testing for fetal chromosomal abnormalties, metabolic diseases, and neural-tube defects. Explains the risk of complications, timing, and other problems associated with the procedure. Highlights recommendations for the target population; suggests where to go for more information.

DES: The Drug with Unexpected Legacies
Pamphlet, 4 pp., 1979
Publication Number: (FDA) 79-3092
Audience: Adult
Availability/price: Single copy free
Source: Food and Drug Administration, Office of Consumer Affairs

Summarizes the history of prenatal use of the synthetic hormone DES (diethylstilbestrol). Outlines current knowledge of after effects of the drug; increased risk of vaginal or cervical cancers in daughters, excess of genital abnormalities in sons. Also discusses concern about the use of DES to promote the growth of animals raised for food, and focuses on the administrative tangle that has prevented FDA from banning the use of DES in animal feed.

DES: The Wonder Drug Women Should Wonder About
Poster, 17" x 24", 1980
Publication Number: (HSA) 80-5630 White woman, (HSA) 80-5632 Black woman
Audience: Adult
Availability/price: Single copy free
Source: National Clearinghouse for Family Planning Information

Urges women to find out whether they or their mothers were given DES.

Facts About Down Syndrome for Women Over 35
Pamphlet, 18 pp., 1982
Publication Number: (NIH) 82-536
Audience: Adult
Availability/price: Single copy free
Source: National Institute of Child Health and Human Development

Describes Down syndrome, genetic counseling, and the outlook for a child with down syndrome.

Genetic Diseases and Birth Defects: What Every Family Needs to Know
Pamphlet, 3 pp., 1980
Audience: Adult
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Provides an overview of genetics and heredity disorders. Explains recommendations for genetic counseling and briefly discusses amniocentesis. Provides referrals for more information.

Genetic Diseases: A Selected List of Lay Materials
Pamphlet, 21 pp., 1981
Audience: Adult
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Lists pamphlets, books, and audiovisuals on genetic disease. Includes a subject index and source list.

Prenatal Diagnosis and Genetic Counseling: A Selected List of Lay Materials
Pamphlet, 9 pp., 1981
Audience: Adult
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Contains a list of public and patient education materials on prenatal diagnosis and genetic counseling. Lists both printed and non-printed (audiovisual) materials.

Questions and Answers About DES Exposure During Pregnancy and Before Birth
Pamphlet, 17 pp., 1980
Publication Number: (NCI) 81-1118
Audience: Adult
Availability/price: Single copy free
Source: National Cancer Institute, Office of Cancer Communications

Pamphlet discusses possible health hazards to mothers and exposed offspring associated with the use of DES during pregnancy. Question-and-answer format. A list of DES-type drugs is included.

The Unknowns of Ultrasound
see PRENATAL CARE

Were You or Your Daughter or Son Born After 1940?
Pamphlet, 17 pp., 1980
Publication Number: (NCI) 80-1226
Audience: Adult

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Availability/price: Single copy free
Source: National Cancer Institute, Office of Cancer Communications

Discusses the link between DES-type drugs taken during pregnancy and abnormalities found in offspring, including cancer of the female reproductive organs.

What are the Facts About Genetic Disease?
Pamphlet, 34 pp., 1977
Publication Number: (NIH) 77-370
Audience: Adult
Availability/price: Single copy free, also for sale by the U.S. Government Printing Office
Source: National Maternal and Child Health Clearinghouse

Provides an overview of genetic diseases: their transmission effects, burden, progress, research, prevention, and therapies. Includes a glossary and references for additional information.

X-Rays and Pregnancy
see PRENATAL CARE

X-Rays, Pregnancy and You
see PRENATAL CARE

PROFESSIONAL EDUCATION

Antenatal Diagnosis and Down Syndrome
Pamphlet, 16 pp., 1980
Publication Number: (NIH) 81-538
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Describes high-risk mothers, antenatal diagnosis, and problems associated with Down Syndrome.

Congenital Defects
Pamphlet, 62 pp., 1981
Publication Number: (NIH) 82-2304
Audience: Health professionals
Availability/price: Single copy free
Source: National Institute of Child Health and Human Development, Office of Research Reporting

Reprinted from a chapter in "Child Health and Human Development—An Evaluation and Assessment of the State of the Science". Covers research progress with gametes, embryos, and fetuses. Outlines research gaps and opportunities, priorities, and recommendations for future research.

Genetics and Teratology
Pamphlet, 64 pp., 1981
Publication Number: (NIH) 81-2345
Audience: Health professionals
Availability/price: Single copy free
Source: National Institute of Child Health and Human Development, Office of Research Reporting

Describes the program of the Genetics and Teratology section of the National Institute of Child Health and Human Development (NICHD).

Information for Physicians - Prenatal Diethylstilbestrol (DES) Exposure
Pamphlet, 31 pp., 1981
Publication Number: (NCI) 81-2049
Audience: Physicians
Availability/price: 3 free copies per request
Source: National Cancer Institute, Office of Cancer Communications

Recommendations of the Diethylstilbestrol-Adenosis (DESAD) Project for the Identification and Management of Exposed Individuals. Booklet provides current information on the health status of DES-exposed persons, methods available for their identification, and plans for continuing examination and management.

Lupus and Pregnancy Reference Sheet
Pamphlet, 3 pp., 1983
Audience: Professional and public
Availability/price: Single copy free
Source: Arthritis Information Clearinghouse

Contains a bibliography of professional and public education materials on lupus and pregnancy.

Maternal PKU
Pamphlet, 90 pp., 1982
Publication Number: (HSA) 81-5299
Audience: Health professionals
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Contains proceedings of a conference in Dec., 1979, on the female with either PKU or hyperphenylalaninemia. Covers survey data on the effects of maternal PKU, pathogenesis, treatment, screening, social and ethical issues, and describes future cooperative studies.

Maternal Serum Alpha-Fetoprotein: Issues in the Prenatal Screening and Diagnosis of Neural Tube Defects
Book, 201 pp., 1980
Audience: Health and medical professionals

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Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Contains proceedings of the conference in July, 1980, on maternal serum alpha-fetoprotein. Covers medical and scientific backgrounds, ethical, legal, economic, social perspectives, and issues in the implementation of MSAFP screening.

Mothers at Risk: Role of Social Work in Prevention of Morbidity in Infants of Socially Disadvantaged Mothers
Book, 162 pp., 1968
Publication Number: (OM) 79-2144
Audience: Social work professionals
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Contains papers presented at the Institute on Mothers-at-Risk in 1966. Describes social and economic characteristics of high-risk mothers, implicatons of legislation for social work, models for community action, and adaption of traditional methods of social work in services to mothers-at-risk.

Pregnancy and Diabetes
Pamphlet, 37 pp., 1980
Publication Number: (NIH) 81-2083
Audience: Health care providers, health educators, patients and their families, and the public
Availability/price: Single copy free
Source: National Diabetes Information Clearinghouse

Contains an annotated list of both public/patient and professional resources on pregnancy and diabetes. List both printed and non-printed materials.

Prenatal Diagnosis and Genetic Counseling: A Selected List of Professional Materials
Pamphlet, 20 pp., 1981
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Contains a list of professional education materials on prenatal diagnosis and genetic counseling. Lists both printed and non-printed materials.

The Prevention and Treatment of Five Complications of Diabetes—A Guide for Primary Care Practitioners
Pamphlet, 67 pp., 1983
Publication Number: (CDC) 83-8392
Audience: Professional
Availability/price: Single copy free
Source: National Diabetes Information Clearinghouse

Represents a synthesis of recommendations developed by the National Diabetes Advisory Board to reduce mortality and morbidity from diabetes. The five diabetes complications described include adverse pregnancy outcome and ketoacidosis as well as visual, foot and kidney problems.

Rubella
Pamphlet, 14 pp., 1980
Publication Number: (HSA) 80-5225
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Discusses the disease, particularly the effects on the fetus and prevention through vaccination.

Sickle Cell: A Selected Resource Bibliography
Pamphlet, 35 pp., 1983
Audience: Health professionals
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Contains a selected bibliography which lists resources available nationwide, including genetic counseling and prenatal diagnosis.

Social and Psychological Aspects of Genetic Disorders: A Selected Bibliography
Pamphlet, 36 pp., 1983
Audience: Health professionals
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Contains a selected bibliography of psychological and social aspects of human genetic disorders; includes ethical and legal issues.

Training Manual: Amniotic Fluid Cell Culture
Pamphlet, 30 pp., 1981
Audience: Professional
Availability/price: Single copy free, while supply lasts
Source: National Maternal and Child Health Clearinghouse

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Provides general information about amniotic fluid cell cultures including cell culture methods, cell types, and chromosome analysis. Outlines potential problems in laboratory techniques. Provides a detailed protocol for cell culture and preparation of chromosomes.

Trends in First Births to Older Mothers, 1970-79
Pamphlet, 15 pp., 1982
Publication Number: (PHS) 82-1120
Audience: Professional
Availability/price: Single copy free

Source: National Center for Health Statistics, Office of Health Research, Statistics and Technology

Reports on statistics of delayed childbearing. Lists birth rates by educational attainment of mother, prenatal care, and low birth weight.

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

Choices - You and Sex
see FAMILY PLANNING

Food for the Teenager During and After Pregnancy
Pamphlet, 31 pp., 1982
Publication Number: (HRSA) 82-5106, GPO Stock Number: 017-026-00103-4
Audience: Pregnant adolescents
Availability/price: Single copy free, bulk quantities available from GPO $4.50/copy, $90.00 for 100 copies, $835.00 for 1000 copies
Source: National Maternal and Child Health Clearinghouse and the U.S. Government Printing Office

Provides information about practices of good nutrition that can help teenagers give birth to healthy babies. In addition, provides tips on good health habits and provides sample meal menus.

PROFESSIONAL EDUCATION

Adolescent Pregnancy and Childbearing—Rates, Trends, and Research Findings from the CPR, NICHD
Report, 17 pp., 1982
Audience: Health professionals
Availability/price: Single copy free
Source: National Institute of Child Health and Human Development, Center for Population Research

Contains a statement on Adolescent Childbearing Today and Tomorrow, an excerpt from the NICHD Annual Report, and publications available through the National Technical Information Service.

Adolescent Sexuality in a Changing American Society: Social and Psychological Perspectives
Book, 384 pp., 1978
GPO Stock Number: 017-046-00050-1
Audience: Professional
Availability/price: $7.50/copy
Source: U.S. Government Printing Office

Presents an overview of adolescent sexuality, covering adolescent development and biological, psychological, sociocultural, and political factors influencing sexuality. Reviews twenty-two studies on adolescent sexuality and makes recommendations about establishing programs and forming policies. Includes an annotated bibliography and references.

Counseling Adolescents in Reproductive Health Care Settings
Pamphlet, 94 pp., 1980
Audience: Professional, distributed *only* to Title X Agencies
Availability/price: Single copy free
Source: National Clearinghouse for Family Planning Information

A handbook in adolescent counseling that includes chapters on adolescent development and reproductive health, counseling skills, assessing counseling needs, a counseling model, and counseling the pregnant client.

Parenting: An Annotated Bibliography
see PARENTING/CHILD DEVELOPMENT

Reaching Out to the Pregnant Teenager
Resource package, guide and posters, 35 pp., 1981
Publication Number: Program Aid No. 1303 (Nutrition and Technical Services Division)
Audience: Health and food assistance professionals
Availability/price: Single copy free
Source: U.S. Department of Agriculture, Office of Public Information, Food and Nutrition Service

A collection of resource materials coordinated through a joint public/private effort involving the U.S. Department of Agriculture, the U.S. Department of Health and Human Services, and the March of Dimes Birth Defects foundation. Designed to assist health programs, food assistance programs, and other related programs in tailoring their nutrition education services to the special needs, interests, and lifestyles of pregnant teenagers.

Social Consequences of Teenage Childbearing
Pamphlet, 35 pp., 1975
Publication Number: SHR-0003170
Audience: Health professionals
Availability/price: $8.50/paper copy, $4.50 microfiche copy
Source: National Technical Information Service

Reports on a New York study of the determinants and early consequences of the age at which women first give birth. Presented at the conference on the consequences of Adolescent Pregnancy and Childbearing in 1975.

Teenage Fertility in the United States
Pamphlet, 78 pp., 1978 (currently being updated)
Library of Congress Cat. Card No. 78-52286
Audience: Health professionals
Availability/price: Single copy free
Source: Centers for Disease Control

Summarizes regional and State variations in teenage fertility, provides a measure of excess of unintended fertility, and serves as a data reference source for family planning and research in the area of teenage childbearing.

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 63)

INFANT, CHILD, AND ADOLESCENT HEALTH

INFANT, CHILD, AND ADOLESCENT HEALTH

INFANT, CHILD, AND ADOLESCENT HEALTH

PUBLIC EDUCATION

An Adolescent in Your Home
Pamphlet, 27 pp., 1978
Publication Number: 106L
Audience: Adult
Availability/price: $3.50 per copy
Source: Consumer Information Center

Describes the physical and emotional needs and problems of adolescents. Outlines areas of conflict and suggests ways to promote understanding.

Being Friends
Films, Filmstrips (a five-part series), 31 min., 1982
Audience: Children, 9-12 years
Availability/price: Filmstrips and audiocassette, sale only, $45.00; 16 mm film, rental $25.00, sale $310.00; videocassette, sale only, $320.00. Specify make and model number of videocassette player.
Source: National Audiovisual Center

Introduces the pleasures and problems of dealing with persons of various ages—younger children, peers, teenagers, adults, and very old people. Discussion guide and song sheets included.

Books That Help Children Deal With a Hospital Experience
Pamphlet, 24 pp., 1978
Publication Number: (HSA) 78-5224
Audience: Parents
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Explains how parents can use books in preparing a child for the physical and emotional experiences of hospitalization. Contains an annotated list of books for children about hospitals and illness.

Changes and Choices: Your Children and Sex
Pamphlet, 16 pp., 1981
Publication Number: (HSA) 81-5647
Audience: Adult, parents
Availability/price: Single copy free
Source: National Clearinghouse for Family Planning Information

Encourages parents to communicate openly with their children about human sexuality. Topics include facts children should be told, the importance of values, birth control, unplanned pregnancy, and communications techniques.

Child Development in the Home
Pamphlet, 20 pp., 1978
Publication Number: 107L
Audience: Adult
Availability/price: $3.00 per copy
Source: Consumer Information Center

Advises parents how to build self-confidence and self-discipline in the preschool child.

Dyslexia
see CHILDREN WITH SPECIAL NEEDS

Families In Stress
see CHILD ABUSE

Footsteps: A Parenting Guide
Pamphlet, 65 pp., 1980
Publication Number: 218L
Audience: Adult, parents
Availability/price: $5.00/copy
Source: Consumer Information Center

Practical advice for parents of young children or sibling rivalry, teaching values, independence, creativity, and more; based on the TV show "Footsteps."

Healthy Mothers, Healthy Babies: A Collection of Prenatal and Infant Care Publications and Films Produced by the Public Health Service
see PRENATAL CARE

Helping the Hyperactive Child
see CHILDREN WITH SPECIAL NEEDS

How to Help Your Children Achieve in School
Pamphlet, 23 pp., 1983
Publication Number: 248L
Audience: Adult
Availability/price: $3.75 per copy
Source: Consumer Information Center

Provides practical advice on how to help children from elementary to high school develop study habits and discipline. Includes tips on learning to pay attention, increasing motivation, improving memory and learning ability, becoming more independent, and preparing for and taking tests. Lists other sources of information.

I'm a Parent Now
Film/Videocassette, 17 min., 1977
Title Number: Film-A10328/CG, Videocassette-A00924/CG
Audience: Adult, parents

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Availability/price: Film - $165, Videocassette - $55.00
Source: National Audiovisual Center

Helps new parents deal with the mixed emotions, conflicting roles, and unfamiliar experiences that accompany the arrival of a baby; guide is included.

The Importance of Play in Child Development
Pamphlet, 16 pp., 1981
Publication Number: (ADM) 81-969
Audience: Adult
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Part of the "Caring About Kids" series. Describes what play is, how play helps a child develop, how play changes as a child grows older, the role of toys and sex stereotypes, fantasy, and imagination. Advises parents how to help their children play. Provides a reference list.

Infant Care
(Spanish version available)
Pamphlet, 67 pp., 1980
GPO Stock Number: 017-091-00228-2-English, 017-091-00238-0-Spanish
Audience: Adult, parents and other caretakers
Availability/price: English version-$4.75, Spanish version-$4.50 per copy
Source: U.S. Government Printing Office

Gives new parents basic information on caring for an infant including breastfeeding, clothing, bathing, and health care. Advises on handling "difficult" babies, first aid and emergency treatment, and a variety of common problems from diaper rash to colds.

Learning While Growing: Cognitive Development
Pamphlet, 14 pp., 1981
Publication Number: (ADM) 81-1017
Audience: Adult
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Part of the "Caring About Kids" series. Focuses on parents' ability to influence their child's cognitive development. Discusses acquisition of language skills, growth of understanding and memory, levels of thinking, altruism and conscience. Explains how parents can help in the development of their child's thinking abilities.

Nutrition Checkups for Children
see NUTRITION

Plain Talk About Adolescence
Pamphlet, 2 pp., 1981
Publication Number: (ADM) 80-1065
Audience: Adult
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Outlines common problems encountered by parents and adolescents. Describes how parents can help keep communications open, how teenagers can help, and provides some extra tips to parents.

Plain Talk About Dealing with the Angry Child
Pamphlet, 4 pp., 1980
Publication Number: (ADM) 79-781
Audience: Adult
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Describes how to help a child cope with feelings of anger and aggression.

Plain Talk About Raising Children
Pamphlet, 4 pp., 1979
Publication Number: (ADM) 79-875
Audience: Public
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Contains responses of 50 parents to the question, "Based upon your personal experiences with your own children, what is the best advice you could give new parents about raising children?" Outlines 10 basic principles of childrearing as a helpful guide to parents, teachers, day care workers, and others who care for children.

Plain Talk About When Your Child Starts School
Pamphlet, 2 pp., 1980
Publication Number: (ADM) 77-072
Audience: Adult
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Part of the "Plain Talk" Series. Assists parents in helping children to begin school. Emphasizes understanding of this milestone in the child's life as important to his or her healthy growth and development.

Single Parent Families
(Spanish version available)
Pamphlet, 52 pp., 1981
GPO Stock Number: 017-091-00229-1
Audience: Adult

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Availability/price: $4.50 per copy
Source: U.S. Government Printing Office

Provides information and insights on rearing children in single-parent families.

So You're Going to Be a New Father?
(Spanish version available)
Pamphlet, 32 pp., 1973
GPO Stock Number: 017-091-00190-1
Audience: Adult, fathers-to-be
Availability/price: $3.75 per copy
Source: U.S. Government Printing Office

Advises the prospective father on what he should expect during his wife's pregnancy and on ways to provide support and comfort during this phase of their lives. Discusses the moods and feelings new mothers and fathers often experience.

Stimulating Baby Senses
Pamphlet, 10 pp., 1978
Publication Number: (ADM) 77-481
Audience: Adult
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Part of the "Caring About Kids" series. Helps parents and other caretakers learn how to stimulate the growth and development of their infant. Emphasizes the differing needs for sensory stimulation of parents and children. Identifies knowledge of baby's senses of sight, hearing, taste, and touch, and gives a few suggestions on ways to encourage sensory development.

Two to Get Ready
Film/Videocassette, 27 min., 1976
Title Number: Film-A00856/CG, Videocassette-00883/CG
Audience: Adult, parents
Availability/price: Film-$275, $25 rental Videocassette-$80.00
Source: National Audiovisual Center

Portrays how both parents prepare for parenthood and focuses on psychological preparation. Designed to help prospective parents think about the reasons for having a baby and the decision about when to have one. This film is one episode from *Footsteps*, a PBS series on parenting. For information on the entire series, contact the National Audiovisual Center.

Your Child From One to Six
Pamphlet, 92 pp., 1978
GPO Stock Number: 017-091-00219-3
Audience: Adult, parents
Availability/price: $5.00 per copy
Source: U.S. Government Printing Office

Covers patterns of development (physical, linguistic, and social), sleep (outgrowing the crib, highlights nighmares, etc.) eating, discipline, toilet training, relationships, school readiness, fears, separations, fighting, health care, illness, accidents, and much more.

Your Child from Six to Twelve
Pamphlet, 98 pp., 1980
GPO Stock Number: 017-091-00070-1
Audience: Adult, parents
Availability/price: $5.00 per copy
Source: U.S. Government Printing Office

Discusses the role of parents as family leaders, what play means in the life of a child, children and money, keeping the child healthy, guiding the child's social involvements, helping the child make the most of school, and much more.

PROFESSIONAL EDUCATION

Child and Adolescent Development
Pamphlet, 71 pp., 1982
Publication Number: (NIH) 82-2304
Audience: Professional
Availability/price: Single copy free
Source: National Institute of Child Health and Human Development, Office of Research Reporting

Reprinted from a chapter in *Child Health and Human Development—An Evaluation and Assessment of the State of the Science*. Covers physical growth and physiological development, developmental behavioral biology, learning and cognitive development, language development and communication, and social and emotional development.

Detection and Prevention of Learning Disorders
see CHILDREN WITH SPECIAL NEEDS

Developing a Sense of Competence in Young Children
Pamphlet, 10 pp., 1978
Publication Number: (ADM) 78-643
Audience: Professional and public
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Part of the "Science Reports" series. Describes research about how experiences of various kinds during the first few years of life affect a child's ability to get along in the world. Outlines methods of how parents can help develop a sense of competence in children. Highlights critical periods of development, sources of stress in children, and preventing early-life failure.

Development of Mental Health in Infancy
Book, 106 pp., 1980
GPO Stock Number: 017-024-00996-2
Audience: Professional
Availability/price: $5.00 per copy
Source: U.S. Government Printing Office

Reviews the current research on social relationships in the first year of life and their influence on psychological health. Discusses defining effective environments for infant mental health, infant-caregiver interaction, and infants at risk for development problems. Part of the Science Monograph Series.

Healthy Infants
Pamphlet, 12 pp., 1981
Publication Number: (HSA) 80-5244
Audience: Professional and public
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Describes the challenges of reducing infant mortality and morbidity in the United States; emphasis on preventive services.

Healthy Mothers, Healthy Babies-Coalition Directory of Educational Materials
see PRENATAL CARE

Mother - Child Home Program
Pamphlet, 11 pp., 1978
Publication Number: (ADN) 78-659
Audience: Professional and public
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Part of the parent-child program series. Describes the mother-child home program, which educates the parents of preschoolers in low-income families to become more effective guides for their toddlers' development. Outlines the home visits, program staffing, facilities and supplies, and program impact.

Nutrition, Growth and Development of North American Indian Children
see NUTRITION

Nutritional Disorders of Children-Prevention, Screening, and Follow-Up
see NUTRITION

Nutritional Screening of Children-A Manual for Screening and Follow-Up
see NUTRITION

Parent Education in a Pediatric Clinic
Pamphlet, 9 pp., 1978
Publication Number: (ADM) 78-656
Audience: Professional
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Part of the Parent-Child Program Series. Describes the Parent Education Program initiated as a demonstration project at Mt. Sinai Hospital (NY). Outlines how the program creates a series of experiences for 2-to 3-year olds that raises their IQs and may help them later perform well in school.

Parenting: An Annotated Bibliography
Pamphlet, 34 pp., 1981
Publication Number: (OHDS) 81-30134
Audience: Professional and public
Availability/price: Single copy free
Source: National Center on Child Abuse and Neglect

Contains descriptions and bibliographic information for several dozen books on various aspects of parenting and parent education. Specific topics covered include parenting for teenagers and single parents, working mothers, discipline, and behavior modification.

The Physically Underdeveloped Child
see CHILDREN WITH SPECIAL NEEDS

Protocols for Screening and Assessment of Preschool Children: Speech, Language and Hearing
see ASSESSMENT AND SCREENING OF CHILDREN

Q's and A's on Child Mental Health
Pamphlet, 15 pp., 1977
Publication Number: (ADM) 77-418
Audience: Professional and public
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Part of the Parent-Child Program Series. Describes the psychoses, behavioral disorders, and other mental illness of children.

Teaching Mothers Mothering
Pamphlet, 22 pp., 1977
Publication Number: (ADM) 77-520
Audience: Professional and public
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Reports on an early intervention program designed to stem the adverse influence of

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deprived environments on an infant's cognitive development. Describes this home-based program, which worked directly with the mothers to teach them more effective ways of stimulating their young children.

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

Asi que tengo las caracteristicas de las celulas falciformes
(English version available)
Pamphlet, 16 pp., 1976
Publication Number: (NIH) 78-749-Spanish (NIH) 78-421-English
Audience: Children
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

[So I Have The Sickle Cell Trait] Explains the sickle cell trait in Spanish.

Dyslexia
Pamphlet, 9 pp., 1978
Publication Number: 117L
Audience: Adult
Availability/price: $2.25 per copy
Source: Consumer Information Center

Describes why some children have difficulty learning to read or write; outlines problems they may face and highlights what to do and where to go for help.

Facts about Premature Birth
Pamphlet, 9 pp., 1983
Audience: Adult
Availability/price: Single copy free
Source: National Institute of Child Health and Human Development, Office of Research Reporting

Reprint of article in 1983 issue of *Genesis* magazine. Covers the research over the past 20 years to reduce the number of premature births. Identifies high risk pregnancies, diagnosis and treatment of low birth weight infants, technological advances and future areas of research in premature birth.

Helping the Hyperactive Child
Pamphlet, 9 pp., 1978
Publication Number: 118L
Audience: Adult
Availability/price: $2.50 per copy
Source: Consumer Information Center

Describes behavior problems that could indicate hyperactivity and methods of treatment. Suggests ways parents can help in the home. Lists sources of assistance.

Learning to Talk: Speech, Hearing and Language Problems in Preschool Child
Pamphlet, 48 pp., 1977
Publication Number: (NIH) 77-43
Audience: Adult
Availability/price: Single copy free
Source: National Institute of Neurological and Communicative Disorders and Stroke

Explains in lay language the kinds of communication disorders a young child may have. Covers the physiology of speech, hearing, and language; the normal development of language in stages from the first year to age 5; and some of the disorders that cause speech difficulties. Emphasizes the need for early detection of problems.

Little Babies Born Too Soon, Too Small
Pamphlet, 20 pp., 1977
Publication Number: (NIH) 77-1079
Audience: Adult
Availability/price: Single copy free
Source: National Institute of Child Health and Human Development

Explains the health problems that low birth weight babies can have, preventive measures, and research now underway.

The Physically Underdeveloped Child
Pamphlet, 16 pp., 1977
GPO Stock Number: 040-000-00389-8
Audience: School administrators, teachers, coaches
Availability/price: Single copy free to schools; also for sale by the Superintendent of Document, $2.50 per copy
Source: President's Council on Physical Fitness and Sports

Explains procedures for identifying children with strength, endurance, and coordination problems. Lists suggested remedial activities.

Plain Talk About Learning Disabilities
Pamphlet, 6 pp., 1979
Publication Number: 513L
Audience: Adult
Availability/price: Single copy free
Source: Consumer Information Center

Why many children have trouble learning, how these children behave, ways parents can help, and sources of assistance.

Premature Infants - A Selected List of Lay Materials
Pamphlet, 4 pp., 1983
Audience: Adult
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Lists public education resources available on premature infants and prematurity. Includes list of pamphlets, books, journal articles, and voluntary organizations.

Your Community Mental Health Center and You
Pamphlet, 13 pp., 1979
Publication Number: (ADM) 79-819
Audience: Adult
Availability/price: Single copy free
Source: National Institute of Mental Health

Describes who should use a community mental health center, what kinds of services are offered, and where they are located.

PROFESSIONAL EDUCATION

Changing Patterns in Residential Services for the Mentally Retarded
Book, 377 pp., 1976
Publication Number: (OHDS) 76-2105, GPO Stock No. 040-000-00365-7
Audience: Professional
Availability/price: For sale from GPO, $4.65
Source: U.S. Government Printing Office

Report on residential facilities for mentally retarded persons. Originally published in 1969, it contains new and revised chapters by 14 authors who discuss models in the U.S. and abroad, stressing the normalization principle.

Children at Risk
Pamphlet, 23 pp., 1978
Publication Number: (ADM) 78-724
Audience: Professional
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Describes the results of the Vermont Child Development Project, which hoped to identify specific deviant behaviors in pre-school children, as well as factors within family backgrounds that contribute to children's maladjustment. Lists age-appropriate competence skills in social, intellectual, and academic areas for both normal and vulnerable children.

Clinical Programs for Mentally Retarded Children
Pamphlet, 43 pp., 1978
Publication Number: (HSA) 78-5291
Audience: Pofessional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Listing of outpatient medical facilities that offer evaluation, treatment, and follow-up services primarily to children suspected of or diagnosed as being mentally retarded.

Detection and Prevention of Learning Disorders
Pamphlet, 33 pp., 1976
Publication Number: (ADM) 76-337
Audience: Adult
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Covers the description of the "multiple handicap" of learning disorders, describes a clinical approach to detection and prevention, describes an experimental approach to prediction and prevention, and outlines basic causes of learning disabilities.

Developmental Approach to Casefinding Among Infants and Young Children
see ASSESSMENT AND SCREENING OF CHILDREN

Diet Management of PKU for Infants and Young Children
see NUTRITION

Digest of Data on Persons with Disabilities
Book, 141 pp., 1979
Publication Number: (OHDS) 79-22009
Audience: Professional
Availability/price: Single copy free
Source: Clearinghouse on the Handicapped

A compilation of published sources of statistical data on the handicapped population including major findings regarding impairments, work disabilities, limitation of activity, and employment.

Directory of National Information Sources on Handicapping Conditions and Related Services
Book, 263 pp., 1982
Publication Number: E-82-22007, GPO Stock Number: 065-00000142-0
Audience: Professional and public
Availability/price: $8.00 per copy
Source: U.S. Government Printing Office

Documents information on national resources for handicapped persons and those individuals working on their behalf.

Guide to Breastfeeding the Infant With PKU
see NUTRITION

A Guide to Federal Housing Programs for the Mentally Disabled
Book, 111 pp., 1978
Publication Number: (ADM) 80-674
Audience. Professional and public

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Availability/price: Single copy free
Source: National Institute of Mental Health

Provides specific information concerning provisions of various Federal Housing Programs and their potential for assisting in the development of residential options for people disabled by mental health problems.

Human Development Services: Working with State and Local Agencies to Create Caring Communities
(Spanish version available)
Pamphlet, 15 pp., 1979
Publication Number: (OHDS) 79-10001
Audience: Professional
Availability/price: Single copy free
Source: Office of Human Development Services

Gives a brief description of the human service programs administered by the Office of Human Development Services, HHS. These programs are for children, youth, and families; persons with handicaps or mental retardation; older people; families on public assistance; and native Americans.

Mental Retardation: The Leading Edge-Service Programs That Work; 1978 Report to the President
Pamphlet, 75 pp., 1979
Publication Number: (OHDS) 79-21018
Audience: Professional and public
Availability/price: Single copy free
Source: Office of Human Development Services

Describes new programs that work in providing satisfying and productive lives for people with mental retardation in family life, in schools, in places of residence, in work, and in personal life.

Mental Retardation: Trends in State Services
Pamphlet, 41 pp., 1976
Publication Number: (OHDS) 76-21014, GPO Stock No. 040-000-00348-7
Audience: Professional
Availability/price: For sale from GPO $1.20
Source: U.S. Government Printing Office

Identifies trends in state and local services for mentally retarded persons and explores the impact of Federal assistance. Based on a telephone survey.

PKU and the Schools
Pamphlet, 16 pp., 1979
Publication Number: (HSA) 79-5233
Audience: Teachers, administrators, and other school personnel
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Discusses the disease, a special dietary treatment being used to manage children with PKU, the kind of lunch the children might bring to school, and hints for dealing with lunchtime and refreshments. Designed for teachers, administrators, and other school personnel.

Pocket Guide to Federal Help for the Disabled Person
Pamphlet, 23 pp., 1981
Publication Number: E-80-22002
Audience: General
Availability/price: Single copy free
Source: National Institute of Mental Health

Describes federally funded programs that provide assistance with vocational rehabilitation, education, housing, health care, etc. Describes how to find local help.

Promoting Mental Health in the Classroom: A Handbook for Teachers
Pamphlet, 93 pp., 1980
Publication Number: (ADM) 75-25, GPO Stock No. 017-024-00286-1
Audience: Teachers and other school personnel
Availability/price: Single copy free, also for sale by the GPO, $5.50
Source: National Clearinghouse for Mental Health Information and the U.S. Government Printing Office

Presents a model for looking at behavior and changing behavior in the classroom.

Readers' Guide for Parents of Children With Mental, Physical or Emotional Disabilities
Book, 144 pp., 1977
Publication Number: (HSA) 79-5290, GPO Stock No. 017-026-00058-5
Audience: Parents, professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Annotated reading list of books and pamphlets about disabilities of children and how to cope with them. Also useful to health professionals directly involved with parents of a disabled child. Note: The Maryland State Planning Council on Developmental Disabilities has published a 1983 update to *The Readers' Guide*. Contact listed source for information.

Report of the Surgeon General's Workshop on Children with Handicaps and Their Families
Pamphlet, 69 pp., 1983
Publication Number: (DHHS) PHS-83-50194
Audience: Health professionals
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Contains proceedings of the workshop held in December, 1982. Includes presentations of programs for care of ventilator-dependent children and children with other handicaps. Summarizes workshop recommendations and implications.

Resource Guide: Employment of the Handicapped
Pamphlet, 40 pp., 1982
Publication Number: (E) 82-22010
Audience: Professional and public
Availability/price: Single copy free
Source: Clearinghouse on the Handicapped

Describes the assistance offered by federal agencies and private national organizations for the employment of handicapped individuals.

Resource Guide: Rehabilitation Engineering and Product Information
Pamphlet, 50 pp., 1980
Publication Number: (E) 80-22015
Audience: Professional and public
Availability/price: Single copy free
Source: Clearinghouse on the Handicapped

Designed for professionals in the fields of rehabilitation engineering and rehabilitation counseling, and others who provide direct and information services to handicapped persons. Provides information about technological research and available products.

A Summary of Existing Legislation Relating to the Handicapped-1980
Book, 156 pp., 1980
Publication Number: (E) 80-22014
Audience: Professional
Availability/price: Single copy free
Source: Clearinghouse on the Handicapped

Summarizes legislation affecting handicapped people, with legislative histories of laws affecting handicapped people.

U.S. Facilities and Programs for Children with Severe Mental Illnesses: A Directory
Book, 151 pp., 1977
Publication Number: (ADM) 77-047
Audience: Professional and public
Availability/price: Single copy free
Source: National Institute of Mental Health

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

Call to Action
Pamphlet, 12 pp., 1977
Audience: Adult
Availability/price: Single copy free
Source: Centers for Disease Control, Immunization Division

Outlines the basic series of immunizations for diseases that should be completed before a child's second birthday. Discusses the dangers of each disease and how children can be protected. Covers vaccine side effects, benefits of community prevention, and how organizations can help. Includes an immunization record.

Make Measles a Memory—Immunize
Pamphlet, 1 pp., 1981
Audience: Adult
Availability/price: Single copy free
Source: Centers for Disease Control, Immunization Division

Advises parents about the benefits of immunizing against measles and gives a recommended immunization schedule.

Reye Syndrome
(Spanish version available)
Pamphlet, 6 pp., 1983
Publication Number: (FDA) 83-3129-English; (FDA) 83-3129S-Spanish
Audience: Adult
Availability/price: Single copy free
Source: Food and Drug Administration, HFE-88

Provides questions and answers about this condition and its relationship to the use of aspirin in children. Includes a description of symptoms.

Reye Syndrome Spells Caution to Parents
Pamphlet, 4 pp., 1982
Publication Number: (FDA) 82-3127
Audience: Adult
Availability/price: Single copy free
Source: Food and Drug Administration, HFE-88

A review of research and events that led up to the discovery of the possible association between Reye Syndrome and the use of aspirin in children.

Stay Well Card
Pamphlet, 8 pp., 1982
Publication Number: 514L
Audience: Children and parents
Availability/price: Single copy free
Source: Consumer Information Center

Contains a children's educational coloring book on immunization with a short message and immunization checklist for parents.

A Tale of Shots and Drops for Parents of Young Children
Pamphlet, 22 pp., 1979
Publication Number: GPO Stock No. 017-092-00058-8
Audience: Adult
Availability/price: $3.25 per copy
Source: U.S. Government Printing Office

Provides information regarding the need for immunization for childhood diseases. Includes schedule for getting shots and drops.

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

Crib Death
(Spanish version available)
Pamphlet, 20 pp., 1979
Publication Number: (HSA) 79-5262
Audience: Adult
Availability/price: Single copy free
Source: National Sudden Infant Death Syndrome Clearinghouse

Easy-to-read explanation of the Sudden Infant Death Syndrome (SIDS); dispels myths.

Fact Sheet: Facts About Apnea
Pamphlet, 2 pp.
Audience: Adult
Availability/price: Single copy free
Source: National Sudden Infant Death Syndrome Clearinghouse

Basic questions concerning apnea—its causes, prevention, treatment (monitoring), and relationship to SIDS—are answered.

Fact Sheet: The Grief of Children
Pamphlet, 2 pp.
Audience: Adult
Availability/price: Single copy free
Source: National Sudden Infant Death Syndrome Clearinghouse

Discusses some of the common expressions of children's grief and offers some ways in which adults can hinder or help the expression of the child's grief.

Fact Sheet: Infantile Apnea and SIDS
Pamphlet, 2 pp.
Audience: Adult
Availability/price: Single copy free
Source: National Sudden Infant Death Syndrome Clearinghouse

Studies on apnea are described and the lack of clear evidence connecting apnea and SIDS is noted.

Fact Sheet: Parents and the Grieving Process
Pamphlet, 2 pp.
Audience: Adult
Availability/price: Single copy free
Source: National Sudden Infant Death Syndrome Clearinghouse

Grief is defined; common reactions and emotions expressed by the bereaved are discussed; the process of achieving resolution and recovery is highlighted.

Fact Sheet: What is SIDS?
Pamphlet, 2 pp.
Audience: Adult
Availability/price: Single copy free
Source: National Sudden Infant Death Syndrome Clearinghouse

Presents basic facts about SIDS and discusses the reactions of the surviving family members and ways they may be helped.

Fact Sheet: What Parents Should Know About SIDS
Pamphlet, 2 pp.
Audience: Adult
Availability/price: Single copy free
Source: National Sudden Infant Death Syndrome Clearinghouse

Basic facts on SIDS are presented and many of the myths associated with such deaths are dispelled.

Los Hechos Sobre El Sindrome de la Muerte Infantil Repentina
Pamphlet, 12 pp., 1980
Publication Number: (HSA) 80-5254
Audience: Adult
Availability/price: Single copy free
Source: National Sudden Infant Death Syndrome Clearinghouse

A presentation in Spanish of basic facts about SIDS, answers to frequently asked questions, a discussion of grief and the grieving process, and a short listing of sources for further help and information.

The Subsequent Child
Pamphlet, 20 pp., 1980
Publication Number: (HSA) 80-5260
Audience: Adult
Availability/price: Single copy free
Source: National Sudden Infant Death Syndrome Clearinghouse

Information for parents who are thinking about having another baby after the loss of a child to SIDS.

PROFESSIONAL EDUCATION

Fact Sheet: SIDS Information for the EMT
Pamphlet, 2 pp.
Audience: Professional
Availability/price: Single copy free
Source: National Sudden Infant Death Syndrome Clearinghouse

Suggestions are made for emergency medical technicians and others who first respond at the time of a sudden infant death. Symptoms are listed to help distinguish between SIDS and child abuse and neglect.

Sudden Infant Death Syndrome
Pamphlet, 33 pp., 1983
Publication Number: (NIH) 82-2304
Audience: Professional
Availability/price: Single copy free
Source: National Institute for Child Health and Human Development

Reprinted from a chapter in *Child Health and Human Development—An Evaluation and Assessment of the State of Science.* Covers the current state of knowledge and recommended research.

Sudden Infant Death Syndrome Clearinghouse Audiovisual Catalog
Pamphlet, 32 pp.
Audience: Professional
Availability/price: Single copy free
Source: National Sudden Infant Death Syndrome Clearinghouse

An annotated catalog of audiovisual materials, on the topics of the sudden infant death syndrome, death and dying, and grief.

Sudden Infant Death Syndrome Research and Grief Counseling: A Selected Bibliography
Book, 101 pp., 1981
Publication Number: (HSA) 81-5268
Audience: Professional and public
Availability/price: Single copy free
Source: National Sudden Infant Death Syndrome Clearinghouse

Contains list of printed and nonprinted materials published between 1971 and 1980 on the impact of SIDS on families, approaches to counseling, resolution of grief and guilt, identification and treatment of infants at high risk, epidemiology of SIDS, theories of causation, apnea, and death investigation systems.

Sudden Infant Death Syndrome: A Review of the Medical Literature
Pamphlet, 18 pp., 1980
Publication Number: (HSA) 81-5271
Audience: Professional
Availability/price: Single copy free
Source: National Sudden Infant Death Syndrome Clearinghouse

Outlines the current medical literature on major aspects of development in the field of SIDS. Reprinted from *Pediatrics*, 1980.

Sudden Infant Death Syndrome: A Selected Annotated Bibliography 1972-1976
Pamphlet, 1980
Publication Number: (NIH) 80-237
Audience: Professional
Availability/price: Single copy free
Source: National Institute for Child Health and Human Development

Lists SIDS literature published between 1972 and 1976.

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

Breast Feeding
Pamphlet, 22 pp., 1980
Publication Number: (HSA) 80-5109; GPO Stock No. 017-026-00084-4
Audience: Adult, pregnant women
Availability/price: Single copy free, also for sale by GPO, $3.25 per copy.
Source: National Maternal and Child Health Clearinghouse and the U.S. Government Printing Office

Provides expectant mothers with information to help them make decisions about breast feeding and describes "how-to" techniques.

Food for the Teenager During and After Pregnancy
see ADOLESCENT PREGNANCY

Next to Mother's Milk, There's Infant Formula
Pamphlet, 4 pp., 1980
Publication Number: (FDA) 81-2139
Audience: Adult
Availability/price: Single copy free
Source: Food and Drug Administration, Office for Consumer Affairs HFE-88.

Takes a look at the different kinds of infant formulas and the history of their development. Tells what happened when one manufacturer omitted chloride from its formula, resulting in legislation giving FDA greater authority.

Nutrition Checkups for Children
(Spanish version available)
Pamphlet, 8 pp., 1981
Publication Number: (HSA) 81-5113
Audience: Adult
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Describes the examinations performed to check children for potential health problems caused by poor nutrition. For use with poster and manual (for professionals).

Nutrition Labels and U.S. RDA
Pamphlet, 2 pp., 1981
Publication Number: (FDA) 81-2146
Audience: Professional and adult
Availability/price: Single copy free
Source: Food and Drug Administration, Office for Consumer Affairs HFE-88

Explains how to use the U.S. Recommended Daily Allowances to determine the amounts of vitamins and minerals a person needs and how to read nutrition labels to find the RDA percentages in foods. A chart gives the U.S. RDAs for infants, children, adults, and pregnant or lactating women.

A Primer of Dietary Minerals
Pamphlet, 4 pp., 1974
Publication Number: (FDA) 75-2013
Audience: Adult
Availability/price: Single copy free
Source: Food and Drug Administration, Office for Consumer Affairs

Describes the functions of dietary minerals in the human body and lists their rich food sources. Includes both the minerals required in large amounts, or macrominerals, and the trace elements. A chart gives U.S. Recommended Daily Allowances of minerals for infants, children, adults, and pregnant or lactating women.

PROFESSIONAL EDUCATION

Checkmarks for Good Health
Poster, 17" x 22", 1981
Publication Number: (HSA) 81-5115
Audience: Adult and professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Illustrates techniques for proper nutrition checkups. Designed for use with patient education pamphlet and manual for professionals.

Diet Management of PKU for Infants and Preschool Children
Pamphlet, 30 pp., 1977
Publication Number: (HSA) 78-5209, GPO Stock Number: 017-026-00057-7
Audience: Nutrition and dietary professionals
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Provides scientifically based guidance material for nutritionists and dieticians on management of children with phenylketonuria.

Federal and Non-Federal Resources for Nutritional Information and Services—A Selected List
Pamphlet, 81 pp., 1979
Publication Number: (OM) 79-20004
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Contains a list of available Federal and non-Federal resources designed to improve the environmental and nutritional status of individuals served by primary health care centers.

Guide for Developing Nutrition Services in Community Health Programs
Book, 100 pp., 1978
Publication Number: (HSA) 78-5103
Audience: Nutrition and health professionals and administrators
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Provides technical guidance on how to plan, develop, and evaluate nutrition services as an integral component of community health care programs.

Guide to Breastfeeding the Infant with PKU
Pamphlet, 51 pp., 1979
Publication Number: (HSA) 79-5110
Audience: Health professionals
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Describes an approach to breast-feeding the infant with PKU; the approach involves feeding with a special formula.

Iron Nutriture in Adolescence
Pamphlet, 10 pp., 1976
Publication Number: (HSA) 77-5100
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Provides information about iron metabolism and factors influencing iron balance as well as recommended iron intakes. Methods for identification of the state of iron nutrition are described and prevalence data are presented. Of major importance to health care providers are the recommendations and conclusions about iron nutriture of teenagers.

Nutrition
Pamphlet, 38 pp., 1983
Publication Number: (NIH) 82-2304
Audience: Professional
Availability/price: Single copy free
Source: National Institute of Child Health and Human Development

Reprinted from a chapter in *Child Health and Human Development—An Evaluation and Assessment of the State of the Science.* Covers objectives in nutrition research, current state of knowledge needs and opportunities for research, and priorities and recommendations.

Nutrition, Growth and Development of North American Indian Children
Book, 246 pp., 1972
Publication Number: (NIH) 72-26
Audience: Professional
Availability/price: Single copy free
Source: Indian Health Service, Nutrition and Dietetics Branch

Describes the proceedings of the Conference on Nutrition Growth and Development of North American Indian Children. Emphasizes the role of nutrition as it interacts with other factors during growth and development.

Nutrition Publications for Consumers: A Selected Annotated Bibliography
Pamphlet, 22 pp., 1983
Audience: Professional
Availability/price: Single copy free
Source: National Health Information Clearinghouse

Contains descriptions of over three dozen nutrition publications for consumers.

Nutrition Services in Perinatal Care
Pamphlet, 72 pp., 1981
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Identifies the personnel, the compentency levels, and the support necessary to provide nutritional assessment, education and services within a regionalized system. Also includes a summary of current knowledge of perinatal nutrition.

Nutritional Disorders of Children: Prevention, Screening and Follow-up
Book, 123 pp., 1977
Publication Number: (HSA) 78-5104
Audience: Health professionals
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Informs professionals of ways to improve preventive methods in nutrition, especially regarding prevention of obesity, atherosclerosis, dental caries, and anemia.

Nutritional Screening of Children: A Manual for Screening and Follow-up
Pamphlet, 16 pp., 1981
Publication Number: (HSA) 81-5114
Audience: Health professionals
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Instructs health providers how to perform screening tests for nutritional problems in children. Designed for use with pamphlet and poster.

Reaching Out To The Pregnant Teenager
see ADOLESCENT PREGNANCY

Recommendations for Feeding Normal Infants
Pamphlet, 8 pp., 1979
Publication Number: (HSA) 79-5108, GPO Stock No. 017-026-00079-8
Audience: Professional
Availability/price: Single copy free, also for sale by GPO
Source: National Maternal and Child Health Clearinghouse and the U.S. Government Printing Office

Contains technical guidance for health care providers about breast feeding, infant formula, foods, and fluoride before and after 6 months of age.

Skim Milk in Infant Feeding
Pamphlet, 5 pp., 1978
Publication Number: (HSA) 78-5102
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Presents objections to the practice of feeding skim milk to infants. Discusses management and prevention of obesity in infants.

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 53)

PUBLIC EDUCATION

Day Care for Your Children
Pamphlet, 15 pp., 1974
Publication Number: (OHDS) 74-30047, GPO Stock No. 017-091-00194-4
Audience: Adult
Availability/price: Single copy free, also for sale by GPO for $.35
Source: Administration for Children, Youth and Families, and the U.S. Government Printing Office

Offers guidelines to help parents select the appropriate day-care arrangements for their children and for their particular situation.

Infant Satellite Nurseries: Family Day Care with a Difference
Pamphlet, 13 pp., 1978
Publication Number: (ADM) 78-658, GPO Stock No. 017-024-00843-5
Audience: Professional and public
Availability/price: Single copy free, also for sale by GPO for $2.50
Source: National Institute of Mental Health, and the U.S. Government Printing Office

Describes an innovative approach to home day-care, developed in Hawaii, to provide low-income families with subsidized care of excellent quality for their infants and toddlers.

I Love My Child, But I Need Help: How to Develop a Crisis Nursery
Pamphlet, 23 pp., 1978
Publication Number: (OHDS) 78-30142
Audience: Professional and public
Availability/price: Single copy free
Source: Administration for Children, Youth and Families

Gives practical information on developing a crisis nursery. Areas covered include funding, locations, goals, policies, procedures, and staffing. Examples of residential treatment shelters and emergency shelters are presented.

A Parent's Guide to Day Care
Pamphlet, 4 pp., 1980
Publication Number: 251L
Audience: Adult
Availability/price: $4.75 per copy
Source: Consumer Information Center

A 4-part publication to assist parents in selecting an effective day care program that is likely to provide a safe, stimulating, and nurturing environment for their children, ages birth to 14. Also provides information on handling emergencies regarding day care arrangements, and sources of assistance.

A Parents Guide to Day Care
(Short version)
Pamphlet, 16 pp., 1980
Publication Number: (OHDS) 80-30270
Audience: Adult
Availability/price: Single copy free
Source: Administration for Children, Youth and Families

Features the day-care checklist which helps parents to assess what they want in day care and to decide if a particular day-care arrangement provides what is needed for their child. Provides brief descriptions of the characteristics of quality day care, types of day-care arrangements, and day-care regulations.

PROFESSIONAL EDUCATION

Child Development—Day-Care Handbooks
Audience: Professional
Availability/price: Single copy free
Source: Administration for Children, Youth and Families

This series provides information on the various components of a comprehensive day-care program.

- **Statement of Principles**
  Pamphlet, 12 pp., 1971
  Publication Number: (OHDS) 78-31055; also for sale by GPO: Stock No. 1791-00160, $.40
- **Serving Infants**
  Pamphlet, 86 pp., 1971
  Publication Number: (OHDS) 78-31056; also for sale by GPO: Stock No. 017-091-00164-2, $2.75
- **Serving Preschool Children**
  Book, 164 pp., 1974
  Publication Number: (OHDS) 74-31057; also for sale by GPO: Stock No. 1791-00196-1, $2.45
- **Serving School Age Children**
  Pamphlet, 71 pp., 1973
  Publication Number: (OHDS) 78-31058; also for sale by GPO: Stock No. 017-091-00165-1, $2.30
- **Staff Training**
  Pamphlet, 38 pp., 1971
  Publication Number: (OHDS) 78-31058, also for sale by GPO: Stock No. 017-091-00163-4, $1.60
- **Health Services: A Guide for Project Directors and Health Personnel**
  Pamphlet, 81 pp., 1971
  Publication Number: (OHDS) 71-31060

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- **Administration**
  Book, 168 pp., 1971
  Publication Number: (OHDS) 71-31061
- **Serving Children With Special Needs**
  Pamphlet, 73 pp., 1972
  Publication Number: (OHDS) 73-31063
- **Family Day Care**
  Book, 118 pp., 1973
  Publication Number: (OHDS) 73-31054

Instructor's Manual—Day Care
Audience: Professional
Availability/price: Single copy free
Source: Administration for Children, Youth and Families

The following instructors' manuals are part of the basic course for residential child care workers.

- **Instructor's Guide**
  Book, 131 pp., 1980
  Publication Number: (OHDS) 80-30204
- **The Residential Child Care Worker: Developmental Planning. Instructor's Manual I**
  Book, 195 pp., 1977
  Publication Number: (OHDS) 80-30205
- **The Residential Child Care Worker: Developmental Needs. Instructor's Manual II**
  Book, 140 pp., 1977
  Publication Number: (OHDS)80-30206
- **The Residential Child Care Worker: Separation. Instructor's Manual III**
  Book, 163 pp., 1977
  Publication Number: (OHDS) 80-30207
- **The Residential Child Care Worker: The Cottage. Instructor's Manual IV**
  Book, 121 pp., 1977
  Publication Number: (OHDS) 80-30208
- **The Residential Child Care Worker: Discipline. Instructor's Manual V**
  Book, 171 pp., 1977
  Publication Number: (OHDS) 80-30209
- **The Residential Child Care Worker: The Group. Instructor's Manual VI**
  Book, 154 pp., 1977
  Publication Number: (OHDS) 80-30210
- **The Residential Child Care Worker: The Job. Instructor's Manual VII**
  Book, 176 pp., 1977
  Publication Number: (OHDS) 80-30211

Student Manuals—Day Care
Audience: Professional
Availability/price: Single copy free
Source: Administration for Children, Youth and Families

The following student manuals are part of the basic course for residential child care workers.

- **Student Guide**
  Pamphlet, 25 pp., 1980
  Publication Number: (OHDS) 80-30212
- **The Residential Child Care Worker: Developmental Planning. Student Manual I.**
  Book, 153 pp., 1977
  Publication Number: (OHDS) 80-30213
- **The Residential Child Care Worker: Developmental Needs. Student Manual II**
  Book, 155 pp., 1977
  Publication Number: (OHDS) 80-30214
- **The Residential Child Care Worker: Separation. Student Manual III**
  Book, 163 pp., 1977
  Publication Number: (OHDS) 80-30215
- **The Residential Child Care Worker: The Cottage. Student Manual IV**
  Book, 163 pp., 1977
  Publication Number: (OHDS) 80-30216
- **The Residential Child Care Worker: Discipline. Student Manual V**
  Book, 147 pp., 1977
  Publication Number: (OHDS) 80-30217
- **The Residential Child Care Worker: The Group. Student Manual VI**
  Book, 147 pp., 1977
  Publication Number: (OHDS) 80-30218
- **The Residential Child Care Worker: The Job. Student Manual VII**
  Book, 141 pp., 1977
  Publication Number: (OHDS) 80-30219

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

Families in Stress
Pamphlet, 24 pp., 1979
Publication Number: (OHDS) 80-30162
Audience: Adult, parents
Availability/price: Single copy free, while supply lasts
Source: National Center on Child Abuse and Neglect

This booklet is intended for parents facing pressures that might lead to abusive behavior. In simple language, it discusses the stress that parents sometimes face and how and where they can obtain relief. The volume includes the national toll-free telephone number of Parents Anonymous.

"He Told Me Not to Tell"
see SEXUAL ASSAULT

How to Protect Yourself Against Sexual Assault
see SEXUAL ASSAULT

I Love My Child, But I Need Help: How to Develop a Crisis Nursery
see DAY CARE

PROFESSIONAL EDUCATION

Child Abuse/Neglect—A Guide for Detection, Prevention and Treatment in BCHS Programs and Projects
Pamphlet, 30 pp., 1979
Publication Number: (OM) 79-20005, GPO Stock No. 017-026-00064
Audience: Professionals working in BCHS programs and projects
Availability/price: Single copy free, for sale by GPO, $3.75
Source: National Maternal and Child Health Clearinghouse and the U.S. Government Printing Office

Assists BCHS-supported facilities in developing more effective systems for the identification and management of child abuse and neglect.

Child Abuse, Neglect and the Family Within a Cultural Context
Pamphlet, 15 pp., 1978
Publication Number: (OHDS) 78-30135
Audience: Professional and public
Availability/price: Single copy free
Source: National Center on Child Abuse and Neglect

This mini-anthology contains ten articles on the child-rearing traditions, attitudes, and practices of various ethnic and regional groups and how they relate to general concepts of abuse and neglect. Specific groups discussed include Native Americans, Samoans, low-income American Blacks, Chicanos, Hispanics from Puerto Rico, and residents of the Virgin Islands.

Family Violence: Intervention Strategies
Pamphlet, 81 pp., 1980
Publication Number: (OHDS) 80-30258
Audience: Professional and public
Availability/price: Single copy free
Source: National Center on Child Abuse and Neglect

The nature, extent, and possible treatment of domestic violence are examined in this manual. Special attention is given to the role of child protective services workers in assisting violent families. Specific areas covered include the causes and effects of domestic strife, intervention strategies, and program development techniques.

National Study of the Incidence and Severity of Child Abuse and Neglect: Executive Summary
Pamphlet, 17 pp., 1981
Publication Number: (OHDS) 81-30329
Audience: Professional and public
Availability/price: Single copy free
Source: National Center on Child Abuse and Neglect

Summarizes the findings of the National Study on the Incidence and Severity of Child Abuse and Neglect, which analyzed data collection between May 1979 and April 1980. Topics discussed include the number of reported and estimated cases of abuse and neglect, the incidence rates and numbers of the major forms of child maltreatment, and age and sex of the children involved.

The Nurse's Role in the Prevention and Treatment of Child Abuse and Neglect
Pamphlet, 63 pp., 1979
Publication Number: (OHDS) 79-30202
Audience: Professional
Availability/price: Single copy free
Source: National Center on Child Abuse and Neglect

Discusses the roles and responsibilities of nurses in identifying, reporting, treating, and preventing child abuse and neglect. Includes indicators of problems in the child and in the parents, the assessment and treatment planning processes, prevention and treatment approaches, and interagency coordination and cooperation. Includes standards applicable to the role of nurses.

Parent Aides in Child Abuse and Neglect Programs
Pamphlet, 57 pp., 1979
Publication Number: (OHDS) 79-30200
Audience: Child protective services workers and other child care professionals
Availability/price: Single copy free
Source: National Center on Child Abuse and Neglect

Assists child protective services workers and other child care professionals. Provides information about the development and implementation of parent-aid programs. Includes the goals and general structure of programs; the parent-aide/client relationship; program development; and supervision, training, and evaluation. Sample application and evaluation forms.

Parenting: An Annotated Bibliography
see PARENTING/CHILD DEVELOPMENT

The Role of the Mental Health Professional in the Prevention and Treatment of Child Abuse and Neglect
Pamphlet, 78 pp., 1979
Publication Number: (OHDS) 79-30194
Audience: Mental health professional
Availability/price: Single copy free
Source: National Center on Child Abuse and Neglect

Discusses the roles and responsibilities of psychiatrists, psychologists, counselors, and other mental health professionals. Specific topics covered include recognition of child abuse and neglect, reporting and the complications it can involve, assessment and treatment strategies, and involvement with the courts and other branches of the child protection system. Standards applicable to the role of mental health professionals are contained in an appendix.

Selected Readings on Adolescent Maltreatment
Book, 115 pp., 1981
Publication Number: (OHDS) 81-30301
Audience: Professional and public
Availability/price: Single copy free
Source: National Center on Child Abuse and Neglect

Eleven papers on various aspects of the maltreatment of adolescents are presented in this volume. Topics covered include the incidence of teenage abuse and neglect, sexually mistreated adolescents, intervention and service delivery, and the physical abuse of adolescents. One article discusses the legal representation of adolescents in state intervention cases.

Selected Readings on Child Neglect
Pamphlet, 67 pp., 1980
Publication Number: (OHDS) 80-30253
Audience: Professional and public
Availability/price: Single copy free
Source: National Center on Child Abuse and Neglect

Contains six papers on various aspects of child neglect, including standards for determining neglect, emotional neglect, casework treatment of a neglectful mother, and treatment of infants with organic failure to thrive.

Treatment for Abused and Neglected Children
Pamphlet, 66 pp., 1979
Publication Number: (OHDS) 79-30199
Audience: Child protective services workers and other health/social service professionals
Availability/price: Single copy free
Source: National Center on Child Abuse and Neglect

Designed primarily for use by child protective services workers, this manual discusses various aspects of the treatment of child abuse and neglect victims. Specific topics covered include immediate and long-term medical care, the provision of a safe home environment, and the treatment of developmental and psychological problems. Possible negative effects of various treatment techniques are also discussed.

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

The Automobile Safety Belt Fact Book
Pamphlet, 23 pp., 1982
Publication Number: (DOT) HS 802-157
Audience: Adult
Availability/price: Single copy free
Source: U.S. Department of Transportation, National Highway Traffic Safety Administration

Part of the Safety Belt Instructional Series. Contains facts about the protection fastened safety belts provide during motor vehicle accidents.

Baby Care Kit
Pamphlets (set of 4)
GPO Stock Number: 052-011-00113-9
Audience: Adult
Availability/price: $4.50 for kit
Source: U.S. Government Printing Office

Includes a set of 4 pamphlets on caring for an infant.

Child Safety Seats for Your Automobile
Pamphlet, 17 pp., 1982
Publication Number: (DOT) HS 805-174
Audience: Adult, parent
Availability/price: Single copy free
Source: U.S. Department of Transportation, National Highway Traffic Safety Administration

Explains why child safety seats are needed and what kinds of safety seats are available. Also demonstrates the proper way to use safety seats. Discusses how to select the best safety seat for your child and where it can be purchased.

For Kids Sake . . . Think Toy Safety
Pamphlet with miniposters
GPO Stock Number: 052-011-00148-1
Audience: Adult
Availability/price: $5.50
Source: U.S. Government Printing Office

Includes a pamphlet and series of miniposters on toy safety.

Little Leon the Lizard
Pamphlet, 22 pp., 1978
Publication Number: 121L
Audience: Children
Availability/price: $2.25 per copy
Source: Consumer Information Center

Includes a story and coloring book emphasizing safe play situations.

Myths and Facts About Child Car Safety
Poster, 16" x 23" 1981
Publication Number: (DOT) HS 806-046-(a)
Audience: Adult, parents
Availability/price: Single copy free
Source: U.S. Department of Transportation, National Highway Traffic Safety Administration

Identifies four common myths about child car safety and explains why they are myths. Lists places where child safety seats can be purchased.

Myths and Facts About Child Car Safety
Poster, 16" x 23" 1981
Publication Number: (DOT) HS 806-046-(a)
Audience: Adult, parents
Availability/price: Single copy free
Source: U.S. Department of Transportation, National Highway Traffic Safety Administration

Colored poster outlining 4 common myths about child car safety and explains why they are myths.

Poison Safety Game
Pamphlet, 4 pp., 1983
Publication Number: (FDA) 83-1099
Audience: Children (older elementary school children and young teens)
Availability/price: Single copy free
Source: Food and Drug Administration, Office of Consumer Affairs, HFE-88

Includes instructions and game board for a Poison Safety Game. Designed for older elementary school children and young teens as a guide to help them protect their younger brothers and sisters and friends from poisonings.

Preventing Childhood Poisonings
Pamphlet, 3 pp., 1979
Publication Number: (FDA) 75-7001
Audience: Adult
Availability/price: Single copy free
Source: Food and Drug Administration, Office of Consumer Affairs

Describes common accidental household poisonings of children. Advises what parents can do to prevent poisonings in the home, and what to do if a child is poisoned.

Preventing Childhood Poisonings
Videocassette, 14 min.
Audience: Adult, parents
Availability/price: For Sale, $70
Specify make and model number of VC player
Source: National Audiovisual Center

Discusses some common kitchen agents that can poison children and tells parents how to respond to such emergencies.

Safer Than a Mother's Arms
Poster, 17"x25", 1981
Publication Number: (DOT) HS 800-046 (b)
Audience: Adult
Availability/price: Single copy free
Source: U.S. Department of Transportation, National Highway Traffic Safety Administration

Shows the correct method of carrying an infant in a motor vehicle—in a child carrier.

Safety Belt Fact Sheet
Pamphlet, 2 pp., 1981
Audience: Adult
Availability/price: Single copy free
Source: U.S. Department of Transportation, National Highway Traffic Safety Administration

Presents information on motor vehicle accidents and how safety belts make a difference. Illustrates how a safety belt works. Describes and illustrates differing types of safety seats, including infant carriers, convertible models, toddler seats, booster seats, and adult safety belts.

Watch Out for Lead Paint Poisoning
Pamphlet, 3 pp., 1971
Publication Number: (HSA) 75-5101
Audience: Adult
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Warns parents about the dangers of lead paint poisoning and tells how to protect children.

What Price Shall We Pay for Lead Poisoning in Children?
Pamphlet, 6 pp., 1979
Publication Number: (HSA) 79-5144
Audience: Adult
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Presents an up-to-date summary of the problems of lead poisoning in children and emphasizes its preventable nature.

Young Children and Accidents in the Home
(Spanish version available)
Pamphlet, 28 pp., 1974
GPO Stock Number: 017-091-00191-0 English, 017-091-001995-Spanish
Audience: Adult
Availability/price: $4.25 (English), $3.25 (Spanish)
Source: U.S. Government Printing Office

Describes the major causes of accidents to children in the home—the leading cause of death and injury to young children. Includes a checklist, by age group, of accident-causing situations and how to avoid them. A tear-out sheet with first-aid information is provided.

PROFESSIONAL EDUCATION

Infants and Toddlers in Passenger Car Crashes
Pamphlet, 66 pp., 1983
Audience: Professional
Availability/price: Single copy free
Source: U.S. Department of Transportation, National Highway Traffic Safety Administration

Includes key findings on the use of child seats in cars. Outlines effectiveness and trends in child restraint use and comparisons of injuries by age.

Joint Statement: Lead Poisoning in Children
Pamphlet, 4 pp., 1979
Audience: Health care providers and administrators
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Summarizes the current information on lead poisoning in children and makes recommendations for programs that provide health care to children who are potential victims of lead poisoning.

Lead Poisoning in Children
Pamphlet, 25 pp., 1967
Publication Number: (HSA) 5142, GPO Stock No.: 017-030-00032-9
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse: also for sale by the U.S. Government Printing Office

Discusses problems of lead paint poisoning and emphasizes essential steps in preventing death or handicapping conditions.

Preventing Lead Poisoning in Children
Pamphlet, 6 pp., 1974
Publication Number: (HSA) 78-5143
Audience: Professional and public
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Discusses importance of preventive measures, identification of children in early stages of undue lead absorption, and remedial action.

Undue Absorption of Lead Among Children: A New Look At An Old Problem

Pamphlet, 23 pp., 1977
Publication Number: (HSA) 79-5141
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Provides a historical perspective and describes recent developments in lead poisoning in children. Includes recent data on psychological and other types of impairments potentially associated with undue lead absorption.

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

Are You Sure She's Getting All the Fluoride She Needs?
Poster, 13" x 23", 1981
Poster Number: 1
Audience: Adult
Availability/price: Limited quantities
Source: National Institute of Dental Research, National Caries Program

Shows an infant, with a caption reading "Are You Sure She's Getting All the Fluoride She Needs?"

Are Your Children Getting All the Fluoride They Need?
Poster, 13" x 23", 1981
Poster Number: 5
Audience: Adult
Availability/price: Limited quantities
Source: National Institute of Dental Research, National Caries Program

Shows two children with a caption reading "Are Your Children Getting All The Fluoride They Need?"

Daily Fluoride Tablets for Healthier Smiles
Poster, 13" x 23" 1981
Poster Number: 9
Audience: Adult
Availability/price: Limited quantities
Source: National Institute of Dental Research, National Caries Program

Shows three children holding fluoride tablets, with a caption reading "Daily Fluoride Tablets for Healthier Smiles."

The Daily Tablet for Healthier Smiles
Film, 5-1/2 minutes
Title Number: 12785
Audience: Adult groups, such as PTA's, school boards, workshops for health professionals
Availability/price: Free—loan for 3 days
Source: Modern Talking Picture Service

Describes the need for a fluoride tablet program in communities with fluoride deficient drinking water, the benefits derived, and how the programs are conducted in schools. Demonstrates the proper techniques for distributing and administering a tablet program.

Fluoride: Guardian Against Tooth Decay
Poster, 13" x 23" 1981
Poster Number: 7
Audience: Adult
Availability/price: Limited quantities
Source: National Institute of Dental Research, National Caries Program

Shows a girl using a fluoride mouthrinse, with a caption reading "Fluoride Guardian Against Tooth Decay."

Fluoride to Protect Your Children's Teeth
Pamphlet, 4 pp., 1982
Publication Number: (NIH) 82-1141
Audience: Adult
Availability/price: Single copy free
Source: National Institute of Dental Research, National Caries Program

Informs parents of the importance of fluoride in protecting teeth from dental decay. Identifies methods of fluoridation; community water fluoridation, school fluoridation, fluoride tablets and drops, fluoride-containing mouthrinses, fluoride dentrifrice, and professional application of topical fluorides.

Fluoride: The Smile Maker
Poster, 13" x 23" 1981
Poster Number: 3
Audience: Adult
Availability/price: Limited quanities
Source: National Institute of Dental Research, National Caries Program

Shows a grinning young child with the caption reading "Fluoride: The Smile Maker."

Give a Kid a Healthy Smile. . . Use Fluoride
Poster, 13" x 23" 1981
Poster Number: 4
Audience: Adult
Availability/price: Limited quantities
Source: National Institute of Dental Research, National Caries Program

Shows a laughing child with a caption reading "Give a Kid a Healthy Smile...Use Fluoride."

Good Teeth for You and Your Baby
(Spanish version available)
Pamphlet, 16 pp., 1979
Publication Number: (NIH) 79-1255-English, (NIH) 79-1465-Spanish
Audience: Adult
Availability/price: Single copy free
Source: National Institute of Dental Research, National Caries Program

Describes good dental habits for mothers and children. Discusses nutrition during pregnancy, infant nutrition, fluoride protection, brushing and flossing, and dental check-ups.

Tetracycline Stained Teeth
Pamphlet, 4 pp., 1980
Publication Number: (NIH) 80-1679
Audience: Adult

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Availability/price: Single copy free
Source: National Institute of Dental Research, National Caries Program

Discusses the social and psychological problems of permanent discoloration of teeth caused by the group of drugs called tetracyclines. Contains information on treatment, and encourages parents to be aware of the risk to their children in taking these drugs.

The .2% Solution
Film, 5-1/2 minutes.
Title Number: 12786
Audience: Adult groups, such as PTAs, school boards, workshops for health professionals
Availability/price: Free—loan for 3 days
Source: Modern Talking Picture Service

Focuses on students taking part in a self-applied fluoride program under adult supervision. The children use a 0.2 percent neutral sodium fluoride solution.

Want a Hot Tip on a Good Investment? Use Fluoride for a Healthy Smile
Poster, 13" x 23", 1981
Poster Number: 2
Audience: Adult
Availability/price: Limited quantities
Source: National Institute of Dental Research, National Caries Program

Shows an infant with the caption reading "Want a Hot Tip on a Good Investment? Use Fluoride for a Healthy Smile!"

Weekly Fluoride Rinses for a Healthy Smile
Poster, 13" x 23", 1981
Poster Number: 8
Audience: Adult
Availability/price: Limited quantities free
Source: National Institute of Dental Research, National Caries Program

Shows a group of children holding fluoride rinses in cups, with a caption reading "Weekly Fluoride Rinses for a Healthy Smile."

PROFESSIONAL EDUCATION

The Dental Implications of Epilepsy
Pamphlet, 18 pp., 1979
Publication Number: (HSA) 79-5217
Audience: Dental health professionals
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Reports on dental practice and epilepsy. Designed to give dentists a fuller understanding of the disease and to encourage them to make comprehensive health care available to epileptics. Management and treatment of the special dental problems of the epileptic.

Fluoride Mouthrinsing in Schools . . . Protection for Children's Teeth
Pamphlet, 5 pp., 1982
Publication Number: (NIH) 82-1131
Audience: Adult, teachers, and school administrators
Availability/price: Single copy free
Source: National Institute of Dental Research, National Caries Program

Presents the advantages of sponsoring a fluoride mouthrinsing program in grade school and junior high school.

Fluoride Tablets . . . A Healthier Smile for School Children
Pamphlet, 5 pp., 1981
Publication Number: (NIH) 81-1197
Audience: Adult, teachers, and school administrators
Availability/price: Single copy free
Source: National Institute of Dental Research, National Caries Program

Presents the advantages of sponsoring a fluoride tablet program in grade school and junior high school.

Head Start Dental Programs Simplified: Using Dental Consultants
Pamphlet, 4 pp., 1979
Publication Number: (HSA) 79-5241
Audience: Head Start Program Grantees
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Describes how Head Start Dental Designees in DHHS Regional Offices can assist Head Start Programs in improving the operation of the dental component. Lists Regional Offices and Regional Head Start Dental Designees.

A Healthy Start . . . Fluoride Tablets for Children in Preschool Programs
Pamphlet, 3 pp., 1982
Publication Number: (NIH) 82-1838
Audience: Adult, teachers, and school administrators
Source: National Institute of Dental Research, National Caries Program

Presents the advantages of initiating a fluoride tablet program in preschool programs.

Management Guide for Children's Dental Health Services
Pamphlet, 78 pp., 1979
Publication Number: (HSA) 79-5242

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Audience: Project Directors/health administrators of Title V dental programs and other primary care projects
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Includes papers concerning patient population management, development of comprehensive dental care programs in rural communities, dental facilities design, and equipment alternative delivery systems, staffing and personnel management, program monitoring, and research in clinical programs.

Prescribing Fluoride Supplements in Medical and Dental Practice
Film, 16 mm. color, 15-1/2 minutes
Title Number: 12932
Audience: Physicians, dentists, nurse practitioners, and students
Availability/price: Free—loan for 3 days
Source: Modern Talking Picture Service

Explains that prescribing dietary fluoride supplements for infants and children in non-fluoridated areas is the single most effective measure available to eliminate or reduce dental caries. Provides the current recommended dosage schedules, presents instruction for parents, and discusses ways to best achieve long-term patient compliance.

Preventing Tooth Decay: A Guide to Implementing Self-Applied Fluoride Progams in School Settings
Resource packet, 40 pp. + pamphlet samples, 1981
Publication Number: (NIH) 82-1196
Audience: School administrators
Availability/price: Single copy free
Source: National Institute of Dental Research, National Caries Program

Explains various steps and activities needed to start a self-applied fluoride program in school settings to prevent dental decay.

Smile Makers: Self-Applied Fluoride Programs for Schools
Film, 25-1/2 minutes
Title Number: 12787
Audience: Adults and professionals involved in in-service training for self-applied fluoride programs
Availability/price: Free—loan for 3 days
Source: Modern Talking Picture Service

Outlines the organization of a fluoride treatment program for schools. Describes methods of determining the need for such a program, proposing the program to local school boards, enlisting the aid of other individuals and community organizations, and raising the necessary funds.

Topical Fluorides for Caries Prevention
Film, 10 minutes, color
Title Number: 15630
Audience: Dentists, dental hygienists, dental assistants and students, and graduate health professionals
Availability/price: Free—loan for 3 days; also for sale in 16 mm. format ($90.00) or 3/4" videocassette format ($45.00).
Source: Modern Talking Picture Service (free-loan) and National Audiovisual Center (for purchase).

Documents research conducted by the National Caries Program to find alternative methods of bringing the benefits of fluoride to people who live in areas without central water supplies. Describes laboratory experiments with animals in the development of major available agents and shows several methods of administering fluoride to school children: fluoride in the diet in the form of tablets, fluoride in school water supplies, and the use of a fluoride mouthrinse in the classroom.

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

Adolescents with Sickle Cell Anemia and Sickle Cell Trait
Pamphlet, 5 pp., 1978
Publication Number: (NIH) 78-1479
Audience: Adolescent
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Describes sickle cell trait and anemia, and advises adolescents how to deal with the trait and the disease.

An Adolescent in Your Home
see PARENTING/CHILD DEVELOPMENT

Choices - You and Sex
see FAMILY PLANNING

Food for the Teenager During and After Pregnancy
see ADOLESCENT PREGNANCY

Plain Talk About Adolescence
see PARENTING/CHILD DEVELOPMENT

PROFESSIONAL EDUCATION

Adolescence and Stress
Book, 150 pp., 1981
Publication Number: (ADM) 81-1098
Audience: Professional
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Part of the Science Report Series.

Adolescent Health Care: A Guide for BCHS - Supported Programs and Projects
Book, 105 pp., 1979
Publication Number: (HSA) 79-5234
Audience: Health professionals in BCHS supported programs and projects
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Summarizes characteristics of health assessment, legal considerations, organization of services, and special concerns of adolescents. Includes growth charts, screening and immunization schedules, and resources.

Child and Adolescent Development
see PARENTING/CHILD DEVELOPMENT

Compendium of Resource Materials on Adolescent Health
Book, 183 pp., 1981
Publication Number: (HSA) 81-5246
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Presents the materials used at regional workshops on adolescent health sponsored by the Office of Maternal and Child Health from 1977-1980. Covers areas such as physical care, psychosocial growth and development, health concerns, nutrition, and sexuality.

Counseling Adolescents in Reproductive Health Care Settings
see ADOLESCENT PREGNANCY

Iron Nutriture in Adolescence
see NUTRITION

Reaching Troubled Youth: Runaways and Community Mental Health
Book, 209 pp., 1981
Publication Number: (ADM) 81-955
Audience: Professional
Availability/price: Single copy free
Source: National Clearinghouse for Mental Health Information

Informs mental health professionals about the ways runaway centers provide comprehensive, nonstigmatizing, community-based care. Provides an overview of runaways and runaway centers, and outlines specific short- and long-term services provided.

Selected Readings on Adolescent Maltreatment
see CHILD ABUSE

TOBACCO, ALCOHOL, AND DRUG USE

PUBLIC EDUCATION

Drug Abuse Prevention for Your Family
Pamphlet, 20 pp., 1981
Audience: Adult
Availability/price: Single copy free
Source: National Clearinghouse for Drug Abuse Information

Describes how all family members can be involved in preventing drug misuse or abuse.

For Kids Only
Pamphlet, 20 pp., 1981
Audience: Children and teens
Availability/price: Single copy free
Source: National Clearinghouse for Drug Abuse Information

Provides information on preventing drug abuse for children and teens.

For Parents Only
Book and Flyer, 20 pp., 1981
Audience: Parents
Availability/price: Single copy free
Source: National Clearinghouse for Drug Abuse Information

Provides information on preventing drug abuse for parents.

National Institute on Drug Abuse: Publication for Parents
Pamphlet, 4 pp., 1981
Audience: Parents
Availability/price: Single copy free
Source: National Clearinghouse for Drug Abuse Information

Lists publications on drug abuse and prevention designed for parents.

Parents, Peers and Pot
Pamphlet, 98 pp., 1982
Publication Number: 247L
Audience: Adults and teens
Availability/price: $5.00
Source: Consumer Information Center

Provides information on health and legal risks of adolescent marijuana use and specific steps that families, schools, and communities can take to prevent or stop teenagers from using drugs.

Teen Posters
(Spanish version available)
Posters, 17" x 22", 1980
Audience: Teens
Availability/price: Single copy free
Source: Office on Smoking and Health

Encourages teens not to smoke.

PROFESSIONAL EDUCATION

The Health Consequences of Smoking for Women: A Report of the Surgeon General
see HEALTH CONCERNS OF WOMEN

National Institute on Drug Abuse: Publications for Teachers
Audience: Teachers
Availability/price: Single copy free
Source: National Clearinghouse for Drug Abuse Information

Lists publications on drug abuse and prevention, designed for use by teachers.

Smoking and Health: An Annotated Bibliography School Edition
Pamphlet, 36 pp., 1979
Publication Number: (NIH) 79-1908
Audience: School nurses, teachers, educators, and other school personnel
Availability/price: Single copy free
Source: National Cancer Institute

Identifies materials that will help students think about, understand, and make informed decisions about smoking. Includes a list of teaching resources, Spanish language materials, and non-smokers rights.

Smoking in Children and Adolescents
Pamphlet, 2 pp., 1978
Audience: Professional
Availability/price: Single copy free
Source: National Institute of Child Health and Human Development, Office of Research Reporting

Reprinted from September 1978 issue of *Pediatric Annals*. Describes the prevalence of young smokers, particular problems of smoking during adolescence, and determinants of smoking. Outlines the research of the National Institute of Child Health and Human Development.

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

Checkmarks for Good Health
see NUTRITION

Learning to Talk: Speech, Hearing and Language Problems in the Preschool Child
see CHILDREN WITH SPECIAL NEEDS

Nutrition Checkups for Children
see NUTRITION

Scoliosis
Pamphlet, 14 pp., 1979
Publication Number: (NIH) 79-1619
Audience: Adult
Availability/price: Single copy free
Source: National Institute of Arthritis, Diabetes, and Digestive and Kidney Diseases

Discusses prevention of curvature of the spine in children and includes a parent's Scoliosis Screening Guide.

PROFESSIONAL EDUCATION

Basic Data on Anthropometric Measurements and Angular Measurements of the Hip and Knee Joints for Selected Age Groups 1-74 Years of Age, U.S., 1971-1975
Pamphlet, 68 pp., 1981
Publication Number: (PHS) 81-1669
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Presents findings of the first National Health and Nutrition examination survey on body measurements and angular measurements including smoothed percentiles for skinfold measurements for boys and girls ages 2 to 18 years.

Developmental Approach To Casefinding Among Infants and Young Children
Pamphlet, 108 pp., 1979
Publication Number: (HSA) 79-5210, GPO Stock No. 017-029-00027-4
Audience: Professional
Availability/price: Single copy free, also for sale by GPO ($7.50)
Source: National Maternal and Child Health Clearinghouse and the U.S. Government Printing Office

Intended to help nurses and other primary health care providers recognize the signs of disease or anomalies in infants and children to whom they deliver services.

Guidelines for Early Intervention Programs
Pamphlet, 107 pp., 1980
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Contains proceedings of a conference on Health Issues in Early Intervention Programs in May, 1980. Presents state of the art papers on infant and childhood intervention, and outlines recommended guidelines, including physical and psychosocial development.

Healthy Infants
see PARENTING/CHILD DEVELOPMENT

Identification and Management of Selected Developmental Disabilities: A Guide for Nurses
Pamphlet, 35 pp., 1975
Publication Number: (HSA) 78-5280
Audience: Professionals/nurses
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Provides information on prevention, identification, assessment, and nursing management of handicapping conditions in infancy and early childhood.

Measurement, Recording and Assessment of Skinfold Thickness in Childhood and Adolescence: Report of a Small Meeting
Pamphlet, 9 pp., 1982
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Reprinted from the March 1982 issue of *The American Journal of Clinical Nutrition.* Describes techniques for measuring skinfold thickness in the clinical setting. Suggests that skinfold thickness should probably not be used as a routine screening measurement in well-child care.

Nutritional Screening of Children: A Manual for Screening and Follow-up
see NUTRITION

The Physically Underdeveloped Child
see CHILDREN WITH SPECIAL NEEDS

Protocols for Screening and Assessment of Preschool Children: Speech, Language, and Hearing
Pamphlet, 33 pp., 1982
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Includes protocols for speech, language, and hearing screening and assessment of preschool children.

Weighing and Measuring Children: A Training Manual for Supervisory Personnel
Pamphlet, 12 pp., 1980
Audience: Professional
Availability/price: Single copy free
Source: Centers for Disease Control, Center for Health Promotion and Education

Describes accepted methods and procedures for weighing and measuring infants and children and presents a formalized program to train health care providers in these procedures. The intent is to promote uniform methods and procedures for nutritional status monitoring to ensure accuracy and precision.

For Additional Information see *Selected Federal Health Information Centers* (Appendix page 63)

PUBLIC EDUCATION

Preventing Lead Poisoning in Children
see CHILDHOOD ILLNESS/ IMMUNIZATION

Watch Out for Lead Paint Poisoning
see CHILDHOOD ILLNESS/ IMMUNIZATION

What Price Shall We Pay for Lead Paint Poisoning
see CHILDHOOD ILLNESS/ IMMUNIZATION

PROFESSIONAL EDUCATION

Characteristics of Births, United States, 1973-1975
Pamphlet, 49 pp., 1975
Publication Number: Series 21:30
Audience: Professional
Availability/price: Single copy free
Source: National Center for Health Statistics

Describes and analyzes statistics on births in the U.S. during the period of 1973-75.

Healthy Infants
see ASSESSMENT AND SCREENING OF CHILDREN

Infant, Maternal, and Childhood Mortality in the U.S., 1968-1973
Pamphlet, 34 pp., 1974
Publication Number: (HSA) 75-5013
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Presents analyses from the National center for Health Statistics on infant, maternal, and childhood mortality in the U.S. and on infant and maternal mortality at the State level.

Joint Statement: Lead Poisoning in Children
see CHILDHOOD ILLNESS/ IMMUNIZATION

Lead Poisoning in Children
see CHILDHOOD ILLNESS/ IMMUNIZATION

The Prevention and Treatment of Five Complications of Diabetes: A Guide for Primary Care Practitioners
see HIGH RISK PREGNANCY/ GENETICS

Selected Natality Characteristics for Single Live Births: United States 1974
Book, 162 pp., 1979
Publication Number: (HSA) 79-5744
Audience: Professional
Availability/price: Single copy free
Source: National Maternal and Child Health Clearinghouse

Provides birth weight distribution as an outcome indicator and relates it to other natality variables.

The Treatment and Control of Diabetes: A National Plan to Reduce Mortality and Morbidity
Book, 108 pp., 1980
Publication Number: (NIH) 81-2284
Audience: Professionals
Availability/price: Single copy free
Source: National Diabetes Information Clearinghouse

Reports on the 5 complications of diabetes that are amenable to existing methods of treatment and summarizes recommendations for initial implementation of a nationwide plan to reduce excess mortality and morbidity associated with those complications. Also summarizes the Diabetes Health Services Conference held in June 1980, and presents reports of the 10 workgroups involved in the conference.

Undue Absorbtion of Lead Among Children: A New Look at an Old Problem
see CHILDHOOD ILLNESS/ IMMUNIZATION

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Fluoride: The Smile Maker, 45
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Fluoride to Protect Your Children's Teeth, 45
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Footsteps: A Parenting Guide, 23
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Administration for Children, Youth, and Families
Office of Program Development
P.O. Box 1182
Washington, DC 20013
202/755-7724

Arthritis Information Clearinghouse
P.O. Box 9782
Arlington, VA 22209
703/558-8250

Centers for Disease Control
Center for Health Promotion and Education
Building 14
Atlanta, GA 30333
404/329-3145

Centers for Disease Control
Immunization Division
Building 14
Atlanta, GA 30333
404/329-1886

Centers for Disease Control
Public Inquiries
Building 1, Room B63
1600 Clifton Road
Atlanta, GA 30333
404/329-3534

Clearinghouse on the Handicapped
Switzer Building
330 C Street, S.W.
Washington, DC 20[illegible]2
202/245-0080

Congress of the United States
Office of Technology Assessment
Washington, DC 20510
202/224-8996

Consumer Information Center
Pueblo, CO 81009
202/566-1794

Consumer Product Safety Commission
1111 18th St., N.W.
Washington, DC 20207
800/638-8326

Food and Drug Administration
Office of Consumer Affairs
5600 Fishers Lane (HFE-88)
Rockville, MD 20857
301/443-3170

Food and Nutrition Information Center
National Agricultural Library Building
Room 304
Beltsville, MD 20705
301/344-3719

Government Printing Office
Superintendent of Documents
Washington, DC 20402
202/783-3238

Indian Health Service
Nutrition and Dietetics Branch
5600 Fishers Lane
Rockville, MD 20857
301/443-1114

Modern Talking Picture Service
5000 Park Street North
St. Petersburg, FL 33709
813/545-7571

National Audiovisual Center
National Archives and Records Service
General Services Administration
Information Section Room
Washington, DC 20409
301/763-1896

National Cancer Institute
Office of Cancer Communications
Building 31, Room 10A-29
9000 Rockville Pike
Bethesda, MD 20205
301/496-5583

National Center on Child Abuse and Neglect
P.O. Box 1182
Washington, DC 20013
703/558-8222

National Center for Education in Maternal and Child Health
3520 Prospect Street, N.W.
Ground Floor
Washington, DC 20057
202/625-8400

National Center for Health Statistics
Scientific and Technical Information Branch
Division of Data Services
Center Building, Room 1-57
3700 East-West Highway
Hyattsville, MD 20857
301/436-8500

National Center for the Prevention and Control of Rape
5600 Fishers Lane, Room 15-99
Rockville, MD 20857
301/443-1910

National Clearinghouse for Alcohol Information
P.O. Box 2345
Rockville, MD 20852
301/468-2600

National Clearinghouse for Drug Abuse Information
P.O. Box 416
Kensington, MD 20795
301/443-6500

National Clearinghouse for Family Planning Information
P.O. Box 2225
Rockville, MD 20852
301/881-9400

National Clearinghouse for Mental Health Information
Public Inquiries Section
5600 Fishers Lane, Room 15 C-17
Rockville, MD 20857
301/443-4513

National Diabetes Information Clearinghouse
Box NDIC
Bethesda, MD 20205
301/468-2162

National Health Information Clearinghouse
P.O. Box 1133
Washington, DC 20013-1133
800/336-4797

National Institute of Arthritis, Diabetes, and Digestive and Kidney Diseases
Building 31, Room A-04
9000 Rockville Pike
Bethesda, MD 20205

National Institute of Child Health and Human Development
Center for Population Research
Building 31, Room 2A-34
Bethesda, MD 20205
301/496-5133

National Institute of Child Health and Human Development
Office of Research Reporting
Building 31, Room 2A-32
9000 Rockville Pike
Bethesda, MD 20205
301/496-5133

National Institute of Dental Research
National Caries Program
Building 31, Room 2C-34
9000 Rockville Pike
Bethesda, MD 20205
301/496-4261

National Institutes of Health
Building 31, Room 2B03
9000 Rockville Pike
Bethesda, MD 20205
301/496-4143

National Institute of Mental Health
Public Inquiries
Parklawn Building, Room 11A-21
5600 Fishers Lane
Rockville, MD 20857
301/443-4513

National Institute of Neurologic and Communicative Disorders and Stroke
Building 31, Room 8A-06
9000 Rockville Pike
Bethesda, MD 20205
301/496-5751

National Maternal and Child Health Clearinghouse
3520 Prospect Street, N.W.
Ground Floor
Washington, DC 20057
202/625-8410

National Sudden Infant Death Syndrome Clearinghouse
3520 Prospect Street, N.W.
Washington, D.C. 20057
202/625-8410

National Technical Information Service
U.S. Department of Commerce
5285 Port Royal Road
Springfield, VA 22161
703/487-4600

Office of Human Development Services
HDS/OPA Printing and Distribution Management Branch
Hubert H. Humphrey Building, Room 350G
220 Independence Avenue, S.W.
Washington, DC 20201

Office on Smoking and Health
Technical Information Center
5600 Fishers Lane, Parklawn Building
Room 116
Rockville, MD 20858
301/443-1690

President's Council on Physical Fitness and Sports
450 Fifth Street, N.W.
Room 7103
Washington, DC 20001
202/272-3430

Project Share
P.O. Box 2309
Rockville, MD 20852
301/251-5170

U.S. Department of Agriculture
Office of Public Information
Food and Nutrition Service
3101 Park Center Drive
Alexandria, VA 22302
703/756-3554

U.S. Department of Transportation
National Highway Traffic Safety Administration, NTS-11
400 7th Street, S.W.
Washington, DC 20590
202/426-9294

U.S. Department of Transportation
National Highway Traffic Safety Administration, NRD-31
National Center for Statistics and Analysis
400 7th Street, S.W.
Washington, DC 20590
202/426-1503

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SELECTED FEDERAL HEALTH INFORMATION CENTERS

The resources listed below by topic may provide information services, such as publications, referrals, and computer searches, to consumers and health professionals. Contact the organization directly to locate the information you need.*

Accidents ***(see Injuries)***
Adolescent Pregnancy
Aging
Alcohol
Allergic Disorders/Asthma
Arthritis
Audiovisuals
Birth Statistics
Cancer
Cardiovascular Disorders
Child Abuse
Child Health
Communicable Diseases
Consumer Information
Dental Care
Diabetes
Digestive Diseases
Drug Abuse
Education
Environmental Protection
Family Planning
Federal Information
Food and Drug
Food Nutrition
Genetic Disorders
Handicapped
Health Information
High Blood Pressure
Highway Safety
Housing
Human Services
Immunization
Infertility
Injuries
Lead Screening
Library of Medicine
Marriage, Family and Divorce
Maternal and Child Health
Medical Devices
Medications
Mental Health
Nutrition ***(see Food Nutrition)***
Occupational Safety and Health
Physical Fitness
Poison Control
Primary Care
Product Safety
Rape Information
Rehabilitation
Smoking
Stress ***(see Mental Health)***
Sudden Infant Death Syndrome
Surgical Opinion
Venereal Disease ***(see Family Planning)***

*This list was adapted from a National Health Information Clearinghouse publication, "The Healthfinder."

ADOLESCENT PREGNANCY

Office of Adolescent Pregnancy Programs
Public Health Service
U.S. Department of Health and Human Services
200 Independence Avenue, S.W.
Washington, D.C. 20201
(202) 472-9093

Funds grants to public and private nonprofit organizations and agencies which delivery comprehensive services to pregnant adolescents or serve as a linkage agent for these services. Answers public inquiries and publishes "Office of Adolescent Pregnancy Programs Information Bulletin."

AGING

National Institute on Aging
Information Office
Building 31, Room 5C-35
9000 Rockville Pike
Bethesda, Maryland 20205
(301) 496-1752

ALCOHOL

National Clearinghouse for Alcohol Information
P.O. Box 2345
Rockville, Maryland 20852
(301) 468-2600

Gathers and disseminates current information on alcohol-related subjects. Responds to requests from the public, as well as from health professionals. Distributes a variety of publications on alcohol abuse.

ALLERGIC DISORDERS/ASTHMA

National Institute of Allergy and Infectious Diseases
Building 31, Room 7A-32
9000 Rockville Pike
Bethesda, Maryland 20205
(301) 496-5717

ARTHRITIS

Arthritis Information Clearinghouse
P.O. Box 9782
Arlington, Virginia 22209
(703) 558-8250

Identifies materials concerned with arthritis and related musculoskeletal diseases and serves as an information exchange for individuals and organizations involved in public, professional, and patient education. Refers personal requests from patients to the Arthritis Foundation.

National Institute of Arthritis, Diabetes and Digestive and Kidney Diseases
Building 31, Room 9A-04
9000 Rockville Pike
Bethesda, Maryland 20205
(301) 496-3583

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SELECTED FEDERAL HEALTH INFORMATION CENTERS

AUDIOVISUALS

National Audiovisual Center
National Archives and Records Service
General Services Administration
Information Services Section
Washington, D.C. 20409
(301) 763-1896

BIRTH STATISTICS

Bureau of the Census
U.S. Department of Commerce
Population Division
Suitland, Maryland 20233
(301) 763-5002

CANCER

Cancer Information Clearinghouse
National Cancer Institute
Office of Cancer Communications
9000 Rockville Pike
Building 31, Room 10A18
Bethesda, Maryland 20205
(301) 496-4070

Collects information on public and patient cancer education materials and disseminates it to organizations and health care professionals.

Office of Cancer Communications
National Cancer Institute
Cancer Information Service
9000 Rockville Pike
Building 31, Room 10A21
Bethesda, Maryland 20205
(301) 496-6641; (800) 4-CANCER

Answers requests for cancer information from patients and the general public. The National Cancer Institute sponsors a toll-free telephone number to supply cancer information to the general public.

CARDIOVASCULAR DISORDERS

National Heart, Lung and Blood Institute
Building 31, Room 4A-21
9000 Rockville Pike
Bethesda, Maryland 20205
(301) 496-4236

CHILD ABUSE

Clearinghouse on Child Abuse and Neglect Information
P.O. Box 1182
Washington, D.C. 20013
(703) 558-8222

Collects, processes, and disseminates information on child abuse and neglect. Responds to requests from the general public and professionals.

CHILD HEALTH

Administration for Children, Youth, and Families
Research, Development, and Evaluation Division
Office of Human Development Services
P.O. Box 1182
Washington, D.C. 20013
(202) 755-7750

National Institute of Child Health and Human Development
Building 31, Room 2A-34
9000 Rockville Pike
Bethesda, Maryland 20205
(301) 496-5133

COMMUNICABLE DISEASES

Centers for Disease Control
1600 Clifton Road, N.E.
Atlanta, Georgia 30333
(404) 329-3534

CONSUMER INFORMATION

Consumer Information Center
Pueblo, Colorado 81009
(202) 566-1794

Distributes consumer publications on topics such as children, food and nutrition, health, exercise, and weight control. The *Consumer Information Catalog* is available free from the Center and must be used to identify publications being requested.

Office of Consumer Affairs
Office of Consumer Information
1009 Premier Building
Washington, D.C. 20201
(202) 634-4140

DENTAL CARE

National Institute of Dental Research
Building 31, Room 2C-34
9000 Rockville Pike
Bethesda, Maryland 20205
(301) 496-4261

SELECTED FEDERAL HEALTH INFORMATION CENTERS

DIABETES

National Diabetes Information Clearinghouse
Box: NDIC
Bethesda, Maryland 20205
(202) 842-7630

Collects and disseminates information on patient education materials and coordinates the development of materials and programs for diabetes education.

National Institute of Arthritis, Diabetes, and Digestive and Kidney Diseases
Building 31, Room 9A-04
9000 Rockville Pike
Bethesda, Maryland 20205
(301) 496-3583

DIGESTIVE DISEASES

National Digestive Diseases Education and Information Clearinghouse
1555 Wilson Boulevard, Suite 600
Rosslyn, Virginia 22209
(301) 496-9707

Provides information on digestive diseases to health professionals and consumers.

National Institute of Arthritis, Diabetes, and Digestive and Kidney Diseases
Building 31, Room 9A-04
9000 Rockville Pike
Bethesda, Maryland 20205
(301) 496-3583

DRUG ABUSE

National Clearinghouse for Drug Abuse Information
P.O. Box 416
Kensington, Maryland 20795
(301) 443-6500

Collects and disseminates information on drug abuse. Produces informational materials on drugs, drug abuse, and prevention. Provides information to both consumers and health professionals

Pyramid East
7101 Wisconsin Avenue, Suite 1006
Bethesda, Maryland 20814
(301) 654-1194

Provides information, technical assistance, and other services to persons and programs actively involved in drug abuse prevention across the country.

Pyramid West
3746 Mt. Diablo Boulevard, Suite 200
Lafayette, California 94549
(415) 284-5300 or (415) 939-6666

EDUCATION

Educational Resources Information Center (ERIC)
National Institute of Education, ED
Washington, D.C. 20208
(202) 254-7934

ERIC is made up of 16 clearinghouses located across the country, each specializing in a particular subject of education.

National Center for Education Statistics
Division of Statistical Services
400 Maryland Avenue, S.W.
Washington, D.C. 20202
(301) 436-7900

National Clearinghouse for Bilingual Education
1555 Wilson Boulevard, Suite 605
Rosslyn, Virginia 22209
(703) 522-0710 or (800) 336-4560

National Institute of Education
U.S. Department of Education
1200 19th Street, N.W.
Washington, D.C. 20208
(202) 254-7150

ENVIRONMENTAL PROTECTION

Environmental Protection Agency
Public Information Center, PM 211-B
401 M Street, S.W.
Washington, D.C. 20460
(202) 382-7550

Public information materials on such topics as hazardous wastes, the school asbestos project, air and water pollution, pesticides, and drinking water are available. Offers information on the agency and its programs and activities.

FAMILY PLANNING

National Clearinghouse for Family Planning Information
P.O. Box 2225
Rockville, Maryland 20852
(301) 251-5153

Collects family planning materials, makes referrals to other information centers, and distributes and produces materials. Primary audience is federally funded family planning clinics.

FEDERAL INFORMATION

Federal Information Center
Government Services Administration
18th & F Streets, N.W.
Washington, D.C. 20405
(202) 566-1937

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Focal point for information about the government. Simple questions may be answered by the Center; more complicated questions are referred to the relevant agency or program. There are 21 centers throughout the U.S.

FOOD AND DRUG

Food and Drug Administration (FDA)
Office of Consumer Affairs, Public Inquiries
5600 Fishers Lane (HFE-88)
Rockville, Maryland 20857
(301) 443-3170

Answers consumer inquiries for the FDA and serves as a clearinghouse for its consumer publications on a variety of topics including vitamins, food additives, and minerals.

FOOD NUTRITION

Food and Nutrition Information Center
National Agricultural Library Building
Room 304
Beltsville, Maryland 20705
(301) 344-3719

Serves the information needs of professionals interested in nutrition, education, food service management, and food technology. Acquires and lends books, journal articles, and audiovisual materials dealing with these areas of concern.

GENETIC DISORDERS

Birth Defects Branch
Centers for Disease Control (CDC)
1600 Clifton Road, N.E.
Atlanta, Georgia 30333
(404) 452-4084

National Center for Education in Maternal and Child Health
National Maternal and Child Health Clearinghouse
3520 Prospect Street, N.W.
Washington, D.C. 20057
(202) 625-8400/8410

HANDICAPPED

Administration on Developmental Disabilities, HHS
Office of Human Development Services
Room 340E, HHH Building
200 Independence Avenue, S.W.
Washington, D.C. 20201
(202) 245-2906

Clearinghouse on the Handicapped
400 Maryland Avenue, S.W.
Switzer Building, Room 3119
Washington, D.C. 20202
(202) 245-0080

Responds to inquiries by referral to organizations that supply information to, and about, handicapped individuals.

Crippled Children's Services
Division of Maternal and Child Health
Bureau of Health Care Delivery Assistance
5600 Fishers Lane, Room 7-22
Rockville, Maryland 20857
(301) 443-2350

National Eye Institute (Blindness)
Building 31, Room 6A-32
9000 Rockville Pike
Bethesda, Maryland 20205
(301) 496-5249

National Information Center for Handicapped Children and Youth
P.O. Box 1492
Washington, D.C. 20013
(703) 522-0870

Helps parents of handicapped children, disabled adults, and professionals locate services for the handicapped and information on disabling conditions.

National Institute of Child Health and Human Development
Office of Research Reporting
Building 31, Room 2A-32
9000 Rockville Pike
Bethesda, Maryland 20205
(301) 496-5133

National Institute of Neurological and Communicative Disorders and Stroke
Building 31, Room 8A-05
9000 Rockville Pike
Bethesda, Maryland 20205
(301) 496-5751

National Library Service for the Blind and Physically Handicapped
Library of Congress
1291 Taylor Street, N.W.
Washington, D.C. 20542
(202) 287-5100 (in D.C.); (800) 424-8567

Works through local and regional libraries to provide free library service to persons unable to read or use standard printed materials because of visual or physical impairment. Provides information on blindness and physical handicaps on request. A list of participating libraries is available.

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National Rehabilitation Information Center
4407 Eighth Street, N.E.
Washington, D.C. 20017
(202) 635-5826 or 635-5822

President's Committee on Employment of the Handicapped
1111 20th Street, N.W., 6th Floor
Washington, D.C. 20036
(202) 653-5044

Serves an advocacy and public awareness role in fostering job opportunities for handicapped people.

President's Committee on Mental Retardation
Washington, D.C. 20201
(202) 245-7634

Serves as an advocate for the mentally retarded.

HEALTH INFORMATION

Center for Health Promotion and Education
Centers for Disease Control
1600 Clifton Road, N.E.
Building 31, Room SSB 33A
Atlanta, Georgia 30333
(404) 329-3492 or (404) 329-3698

Provides leadership and program direction for the prevention of disease, disability, premature death, and undesirable and unnecessary health problems through health education. Formerly called the Bureau of Health Education.

Clearinghouse on Health Indexes
National Center for Health Statistics
Division of Epidemiology and Health Promotion
3700 East-West Highway, Room 2-27
Hyattsville, Maryland 20782
(301) 436-7035

Provides informational assistance in the development of health measures for health researchers, administrators, and planners.

National Health Information Clearinghouse
P.O. Box 1133
Washington, D.C. 20013-1133
(703) 522-2590 (in VA); (800) 336-4797

Helps the public locate health information through identification of health information resources and an inquiry and referral system. Health questions are referred to appropriate health resources that, in turn, respond directly to inquirers.

National Health Planning Information Clearinghouse
Department of Health and Human Services
5600 Fisher Lane, Room 9A-31
Parklawn Building
Rockville, Maryland 20857
(301) 443-1410

Office of Disease Prevention and Health Promotion
300 Seventh Street, N.W.
Room 613
Washington, D.C. 20201
(202) 472-5660

HIGH BLOOD PRESSURE

High Blood Pressure Information Center
120/80 National Institutes of Health
Bethesda, Maryland 20205
(703) 558-4880

Provides information on the detection, diagnosis, and management of high blood pressure to consumers and health professionals.

HIGHWAY SAFETY

National Highway Traffic Safety Administration, NTS-11
U.S. Department of Transportation
400 7th Street, S.W.
Washington, D.C. 20590
(202) 426-9294
Auto Hotline: (800) 424-9393; (202) 426-0123

Works to reduce highway traffic deaths and injuries. Publishes a variety of safety information brochures, conducts health promotion and risk reduction public education programs which promote the use of safety belts and child safety seats, and informs the public of the hazards of drunk driving. Maintains a toll-free hotline for consumer complaints on auto safety and child safety seats and requests for information on recalls.

HOUSING

HUD USER
P.O. Box 280
Germantown, Maryland 20874
(301) 251-5154

Disseminates the results of research sponsored by the Department of Housing and Urban Development. Health-related topics included in the database are housing safety, housing for the elderly and handicapped, and hazards of lead-based paint. There is a fee for publications.

HUMAN SERVICES

Project Share
P.O. Box 2309
Rockville, Maryland 20852
(301) 251-5170

Provides reference and referral services designed to improve the management of human services by emphasizing the integration of those services at the delivery level. There is a fee for publications.

Public Health Service Information
(301) 443-2404 (phone inquiries only)

IMMUNIZATION

Centers for Disease Control
Immunization Division
1600 Clifton Road, N.E.
Atlanta, Georgia 30333
(404) 329-1886

INFERTILITY

National Institute on Child Health and Human Development
9000 Rockville Pike
Building 10, Room 10B-09
Bethesda, Maryland 20205
(301) 496-4686

INJURIES

National Injury Information Clearinghouse
5401 Westbard Avenue, Room 625
Washington, D.C. 20207
(301) 492-6424

Collects and disseminates injury data and information relating to the causes and prevention of death, injury, and illness associated with consumer products. Requerts of a general nature are referred to the Consumer Product Safety Commission Communications Office.

LEAD SCREENING

Centers for Disease Control
Lead Screening Division
1600 Clifton Road, N.E.
Atlanta, Georgia 30333
(404) 262-6641

LIBRARY OF MEDICINE

National Library of Medicine
8600 Rockville Pike
Bethesda, Maryland 20209
(301) 496-6308

The largest research library in the scientific and professional field of medicine that will perform reference services upon request by mail (fee charged for some services).

MARRIAGE, FAMILY AND DIVORCE

Bureau of the Census
Population Division
Washington, D.C. 20233
(301) 763-5002

MATERNAL AND CHILD HEALTH

National Center for Education in Maternal and Child Health
National Maternal and Child Health Clearinghouse
3520 Prospect Street, N.W. Ground Floor
Washington, D.C. 20057
(202) 625-8400/8410

Provides information on maternal and child health to both consumers and health professionals.

MEDICAL DEVICES

National Center for Devices and Radiological Health
Division of Consumer Affairs
5600 Fishers Lane, HFZ-210
Rockville, Maryland 20857
(301) 443-4190

MEDICATIONS

Food and Drug Administration (FDA)
Office of Consumer Affairs, Public Inquiries
5600 Fishers Lane (HFE-88)
Rockville, Maryland 20857
(301) 443-3170

Answers consumer inquiries for the FDA and serves as a clearinghouse for its consumer publications. Refers questions on medications to the appropriate office.

MENTAL HEALTH

National Clearinghouse for Mental Health Information
Public Inquiries Section
5600 Fishers Lane, Room 15C-17
Rockville, Maryland 20857
(301) 443-4513

Distributes National Institute of Mental Health publications. Provides referrals to mental health facilities.

SELECTED FEDERAL HEALTH INFORMATION CENTERS

OCCUPATIONAL SAFETY AND HEALTH

National Institute for Occupational Safety and Health
Technical Information Branch
4676 Columbia Parkway
Cincinnati, Ohio 45226
(513) 684-8326

Provides technical information support for the National Institute for Occupational Safety and Health research programs and supplies information to others on request.

PHYSICAL FITNESS

President's Council on Physical Fitness and Sports
450 5th Street, N.W., Room 7103
Washington, D.C. 20001
(202) 272-3430

Conducts a public service advertising program and cooperates with governmental and private groups to promote the development of physical fitness leadership, facilities, and programs. Produces informational materials on exercise, school physical education programs, sports, and physical fitness for youth, adults, and the elderly.

POISON CONTROL

Division of Poison Control
Food and Drug Administration
5600 Fishers Lane, Room 18B-31
Rockville, Maryland 20857
(301) 443-6260

Works with the national network of 600 poison control centers to reduce the incidence and severity of acute poisoning. Directs toxic emergency calls to a local poison control center.

PRIMARY CARE

National Clearinghouse for Primary Care Information (NCPCI)
1555 Wilson Boulevard, Suite 600
Arlington, Virginia 22209
(703) 528-8480

Provides information services to support the planning, development, and delivery of ambulatory health care to urban and rural areas where there are shortages of medical personnel and services. Although the NCPCI will respond to public inquiries, its primary audience is health care providers who work in community health centers.

PRODUCT SAFETY

Consumer Product Safety Commission
Washington, D.C. 20207
(800) 633-CPSC

Evaluates the safety of products sold to the public. Provides printed materials on different aspects of consumer product safety on request. Does not answer questions from consumers on drugs, prescriptions, warranties, advertising, repairs, or maintenance.

RAPE INFORMATION

National Center for the Prevention and Control of Rape
5600 Fishers Lane, Room 6C-12
Rockville, Maryland 20857
(301) 443-1910

Maintains a listing of rape prevention and treatment resources to help people locate services available in their community. Facilitates networking among those treating victims of sexual assault. Has very little information for inquiries from the general public; prefers to make referrals to local resources.

REHABILITATION

National Clearinghouse of Rehabilitation Training Materials
Oklahoma State University
115 Old USDA Building
Stillwater, Oklahoma 74074
(405) 624-7650

Disseminates information on rehabilitation with primary concentration on training materials for use by educators of rehabilitation counselors.

National Rehabilitation Information Center
4407 Eighth Street, N.E.
Washington, D.C. 20017-2299
(202) 635-5822

Supplies publications and audiovisual materials on rehabilitation and assists in locating information on dates, places, names, addresses, or statistics. The collection includes materials on rehabilitation relevant to all disability groups.

Rehabilitation Services Administration
Office of Special Education and Rehabilitative Services
Switzer Building
330 C Street, S.W.
Washington, D.C. 20202
(202) 472-5801

SMOKING

Office on Smoking and Health
Technical Information Center
5600 Fishers Lane, Park Building
Room 116
Rockville, Maryland 20857
(301) 443-1690

Offers bibliographic and reference service to researchers and others, and publishes and distributes a number of titles in the field of smoking.

SUDDEN INFANT DEATH SYNDROME

Sudden Infant Death Syndrome Clearinghouse
3520 Prospect Street, N.W.
Washington, DC 20057
(202) 625-8410

Provides information on SIDS to health professionals and consumers.

SURGICAL OPINION

National Second Surgical Opinion Program
(800) 638-6833; (800) 492-6603 (in MD)

Provides information for people who are faced with the possibility of non-emergency surgery. Sponsors a toll-free number to assist the public in locating a surgeon or other specialist.

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GOVERNMENT BOOKSTORES

All around the country, GPO operates 26 bookstores where you can browse through the shelves and take your books home with you. Naturally, these stores can't stock all of the more than 16,000 titles in their inventory, but they do carry the ones you're most likely to be looking for. They will be happy to special order any Government book currently offered for sale. All of the bookstores accept VISA, Mastercard, and Superintendent of Documents deposit account orders.

ALABAMA
Roebuck Shopping City
9220-B Parkway East
Birmingham, Alabama 35206
(205) 254-1056
9:00 AM - 5:00 PM

CALIFORNIA
ARCO Plaza, C-Level
505 South Flower Street
Los Angeles, California 90071
(213) 688-5841
8:30 AM - 4:30 PM

Room 1023, Federal Building
450 Golden Gate Avenue
San Francisco, California 94102
8:30 AM - 4:30 PM

COLORADO
Room 117, Federal Building
1961 Stout Street
Denver, Colorado 90294
(303) 837-3964
8:00 AM - 4:00 PM

World Savings Building
720 North Main Street
Pueblo, Colorado 81003
(303) 544-3142
9:00 AM - 5:00 PM

DISTRICT OF COLUMBIA
U.S. Covernment Printing Office
710 North Capitol Street
Washington, D.C. 20402
(202) 275-2091
8:00 AM - 4:00 PM

Commerce Department
Room 1604, 1st Floor
14th & E Streets, N.W.
Washington, D C. 20230
(202) 377-3527
8:00 AM - 4:00 PM

Department of Health and Human Services
Room 1528, North Building
330 Independence Avenue, S.W.
Washington, D.C. 20201
(202) 472-7478
8:00 AM - 4:00 PM

State Department
Room 2817, North Lobby
21st and C Streets, N.W.
Washington, D.C. 20520
(202) 632-1437
9:00 AM - 5:00 PM

U.S. Information Agency
1776 Pennsylvania Avenue, N.W.
Washington, D.C. 20547
(202) 724-9928
9:00 AM - 5:00 PM

Pentagon
Room 2E172
Main Concourse, South End
Washington, D.C. 20310
(703) 557-1821
8:00 AM - 4:00 PM

FLORIDA
Room 158, Federal Building
400 West Bay Street
P.O. Box 35089
Jacksonville, Florida 32202
(904) 791-3801
8:00 AM - 4:00 PM

GEORGIA
Room 100, Federal Building
275 Peachtree Street, N.E.
Atlanta, Georgia 30303
(404) 221-6947
8:00 AM - 4:00 PM

ILLINOIS
Room 1365, Federal Building
219 South Dearborn Street
Chicago, Illinois 60604
(312) 353-5133
8:00 AM - 4:00 PM

MASSACHUSETTS
Room G25, Federal Building
Sudbury Street
Boston, Massachusetts 02203
(617) 223-6071
8:00 AM - 4:00 PM

MICHIGAN
Suite 160, Federal Building
477 Michigan Avenue
Detroit, Michigan 48226
(313) 226-7816
8:00 AM - 4:00 PM

MISSOURI
Room 144, Federal Building
601 East 12th Street
Kansas City, Missouri 64106
(816) 374-2160
8:00 AM - 4:00 PM

GOVERNMENT BOOKSTORES

NEW YORK
Room 110
26 Federal Plaza
New York, New York 10278
(212) 264-3825
8:00 AM - 4:00 PM

OHIO
1st Floor, Federal Building
1240 East 9th Street
Cleveland, Ohio 44199
(216) 522-4922
9:00 AM - 5:00 PM

Room 207, Federal Building
200 North High Street
Columbus, Ohio 43215
(614) 469-6956
9:00 AM - 5:00 PM

PENNSYLVANIA
Room 1214, Federal Building
600 Arch Street
Philadelphia, Pennsylvania 19106
(215) 597-0677
8:00 AM - 4:00 PM

Room 118, Federal Building
1000 Liberty Avenue
Pittsburgh, Pennsylvania 15222
(412) 644-2721
9:00 AM - 5:00 PM

TEXAS
Room 1C50, Federal Building
1100 Commerce Street
Dallas, Texas 75242
(214) 767-0076
7:45 AM - 4:15 PM

45 College Center
9319 Gulf Freeway
Houston, Texas 77017
(713) 229-3515
7:45 AM - 4:15 PM

WASHINGTON
Room 194, Federal Building
915 Second Avenue
Seattle, Washington 98174
(206) 442-4270
8:00 AM - 4:00 PM

WISCONSIN
Room 190, Federal Building
517 East Wisconsin Avenue
Milwaukee, Wisconsin 53202
(414) 291-1304
8:00 AM - 4:00 PM

RETAIL SALES OUTLET
8660 Cherry Lane
Laurel, Maryland 20810
(301) 953-7974
8:00 AM - 4:00 PM

All stores with the exception of Houston are open Monday through Friday (Houston, Monday through Saturday).

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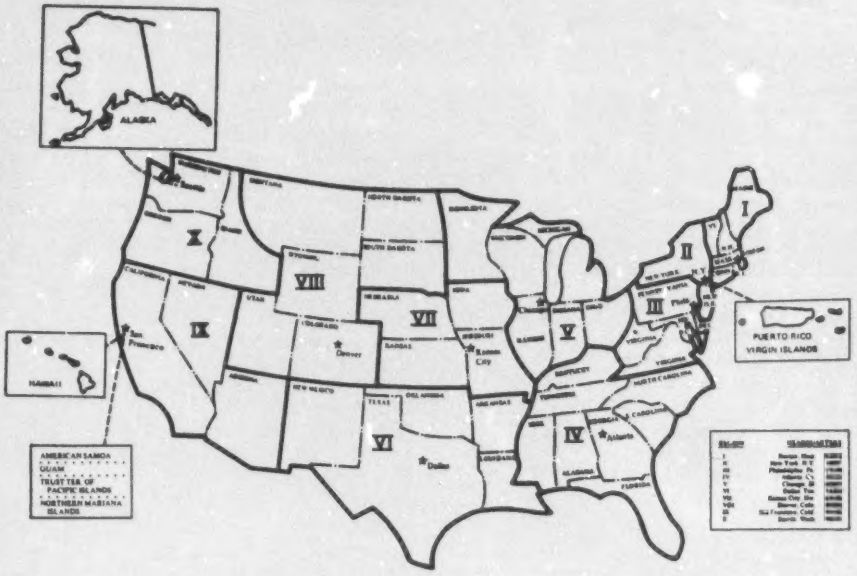
MATERNAL AND CHILD HEALTH REGIONS



I
Connecticut
Maine
Massachusetts
New Hampshire
Rhode Island
Vermont

II
New York
New Jersey
Puerto Rico
Virgin Islands

III
Delaware
Maryland
Pennsylvania
Virginia
West Virginia
District of Columbia

IV
Alabama
Florida
Georgia
Kentucky
Mississippi
Tennessee
North Carolina
South Carolina

V
Illinois
Indiana
Michigan
Minnesota
Ohio
Wisconsin

VI
Arkansas
Lousiana
Texas
New Mexico
Oklahoma

VII
Iowa
Kansas
Missouri
Nebraska

VIII
Colorado
Montana
Utah
North Dakota
South Dakota
Wyoming

IX
Arizona
California
Hawaii
Nevada
Guam
American Samoa
Marshall Islands
Micronesia
N. Mariana Islands
Palau

X
Alaska
Idaho
Oregon
Washington

CHILDREN, YOUTH, AND FAMILIES REGIONAL RESOURCE CENTERS

Region I
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